



www.gosforthpark.newcastle.sch.uk

January 30th 2026 Issue 4/6 Spring Term 1



Energy Workshops



This week Years 1-4 began Science Week early with some Energy Workshops from National Energy Action. For Science week this year we are looking at Sustainability and Conservation so this was a great way to start thinking about how we can save energy at home and in classrooms.

Miss Pope



NSPCC Number Day

Friday 6th February

We are excited to once again be hosting a NSPCC Number Day on Friday 6th February at GPFS. We are raising money for the NSPCC so please come **dressed in your best number-related clothes!** Your teachers will have some fun number activities as well.

We are asking for donations of £1 via Parent Pay. Thank you for your support.

Miss Pope



A big thank you to all of the Y4 parents who attended our Robinwood meeting on Monday. Please do not worry if you couldn't make it- letters have been sent home this week. Please fill out all of the information carefully and return to school before the deadline stated on each form. Many thanks!
Mr Hindess

Parent Consultations

Parent consultations will take place in **March**.

Telephone appointments will be held on the afternoon of **Tuesday** and face to face appointments will be held on the evenings of **Tuesday** and **Thursday**.

We will send out information and a link for booking appointments shortly after half term.

Thanks

Mrs Lamb

School Meals

Our school meals menu has been **updated** for February – July 2026. Please find the new menu attached to the end of this newsletter. We will also update the menu on our school website and posters around school.

Many thanks

Mrs Lamb



PTFA

The PTFA met on Tuesday evening for our AGM – we have lots of exciting fund-raising events planned for the rest of the school year. Thank you to everyone who attended and to everyone in our community for your continued support! Our next meeting is in March– we hope to see you then.



We had a brilliant assembly on Tuesday delivered by Chris & Ann from our local charity, *Daft as a Brush!*

We learnt all about the work that the charity does to support people in the Northeast. We also got to meet our school's adopted ambulance, 'Gosforth Guardian!'



A huge thanks to Chris & Ann for taking the time to come and visit Gosforth Park and talk to our children!

Miss Parsons-Munn





Science Week – Careers!

For Science Week this year we would like to focus on 'green' or sustainable careers. We are seeking **members of our community who work in sustainable, environmental or green careers** who would be willing to deliver an assembly to the pupils of GPFS. We would love to inspire our pupils at GPFS by sharing real-world career pathways related to sustainability. Our Science week will take place between the **9th-13th March**. Please get in touch with the school office if you are interested with a short description of your role and what days and time would work best for you during our Science week.

We look forward to hearing from you!

Miss Pope



The theme for Children's Mental Health Week 2026 is *This is My Place*, and the aim is to support the systems around children and young people to help them feel they belong.

Children will be taking part in some age appropriate mental-health themed activities within their PSHE lessons on the week beginning 9th February and Mr Hindess will be delivering a special assembly about children's mental health.

Mrs Wells



Healthy Schools Newcastle

Next week sees the start of Fibre February!

We should all be making an effort to boost our fibre intake to maintain a healthy balance for gut health, alongside lowering the risk of heart disease, type 2 diabetes and cancer.

The recommended daily amount for adults is 30g of fibre and for children it is the following:

- **2-5 years:** ~15g per day.
- **5-11 years:** ~20g per day.
- **11-16 years:** ~25g per day.

Some tips to increase the amount of fibre include:

- **Swap Carbohydrates:** Choose wholemeal or high-fibre options, such as wholemeal bread, pasta, and brown rice. You could do a mix at first to adjust from white carbohydrates slowly.
- **Smart Snacks:** Swap crisps or biscuits for veggie sticks and fruit.
- **Boost Meals:** Add pulses and beans (chickpeas, lentils) to meals like stews and curries.
- **Potato Skins:** Keep the skin on potatoes to increase fibre intake.
- **Higher Fibre Breakfasts:** Have porridge with fruit, or high-fibre cereals.

It is important to remember to increase fibre gradually to enable the gut to adjust to the increase.

Mrs Wells



PTFA Events

Please see below for some new upcoming events organised by the PTFA:



Valentines Bake Sale

Friday 13th February

We will be holding a Valentines themed bake sale after school on **Friday 13th February**.

Please bring in nut free cake donations on the morning or day before.

Thanks so much!

PTFA

January

100 Club Winners

- ★ 1st £25.20 number 15 - Hopkins family
- ★ 2nd £12.60 number 31 - Spence-Evans Family
- ★ 3rd £6.30 number 18 - Sam Edwards

Congratulations to all of our winners



Easter Disco & Crafts

We will be holding an **Easter Disco & Crafts event** after school.

This will also be a **non-uniform day** at school so that children can wear their disco outfits.

The disco will be held in one hall while quieter Easter-craft activities will be set up in the other.

£3.50 per ticket

Snack and drink included

Children will be collected from their usual classroom pick-up points at 4:45pm

Many thanks

PTFA



Easter Raffle

Thursday 2nd April

During the day on Thursday 2nd April, we will also be holding an Easter-egg raffle. We will be asking for donations of £1 via ParentPay to take part! Good luck everyone!



Although we have unfortunately had a very wet week this week, we have still seen lots of children making the most of our outdoor equipment. Well done to Miss Tate's class this week, you have earned the Golden Welly by working together well when using our outdoor PE equipment, using hoops and the throwing equipment to make up games together.

Well done – and fingers crossed for some drier weather next week!

Ms Gasper

Pre-Loved Uniform

We have **updated** our pre-loved uniform requirements slightly due to low-demand for older or grey items:

PRE-LOVED ITEMS WE CAN SELL (please donate)		PRE-LOVED ITEMS WE CAN NOT SELL
OFFICIAL SCHOOL JUMPERS/HOODIES	£2.50	OLD LOGO OR NON-BRANDED ITEMS
OFFICIAL SCHOOL CARIGANS	£2.50	TROUSERS/SHORTS
OFFICIAL SCHOOL POLOS	£1.50	PINAFORES/SKIRTS
GIRLS CHECKED DRESSES	£1.50	SHOES
SCHOOL BAG (NEW STYLE)	£2.50	DAMAGED, MARKED OR STAINED CLOTHING

Items are sold from 1 Park Drive, Melton Park NE3 5QB, with a drop off box in front of the garage. drop off items on the list that can be resold.

Please REMEMBER items must not be marked as they are unable to be sold on. You can text me Natasha Davy (Parent) on 07736276653.



This is the pre-loved uniform drop off area in the main entrance to help us to reuse, recycle and re-love uniform for the benefit of our children and community.

TIMES TABLES ROCK STARS

Well done **Miss Bell's class** for being top of the leaderboard this week with over 90% of you practicing this week! Mr Guest's class you were just 2% behind. Well done **Finn L** for becoming a Rock Legend this week! What a super achievement.

Our top coin earners this week are **Jesse P**, **Charlie T** and **Finn L**.



Miss Tate's class is our top class this week! Well done to **Darcy C** who has earned over 7,000 coins this week!

Our top coin earners this week are:

Miss Pope – **Michael S**

Mr Edwards – **Elliot B**

Miss Tate – **Isabelle L**

Mr Patterson – **Martha H**

Mr Hindess and Mrs Armstrong – **Alice B**

Mr Guest – **Alfie R**

Miss Bell – **Darcy C**

Great work everyone, Miss Pope.

Attendance

Our whole school attendance to date this academic year is **96.5%** which is down on last year's **97.3%**.

Our classes of the week this week are **Year 3 Mr Hindess/Mrs Armstrong** with **99.4%** and **Reception Miss Coughlan** with **97.2%**!

Well done everyone!

Mrs Lamb

Starting School in September 2026!

Applying for Places

Nursery Application forms for places in September 2026 will be available on the school website and from the office from Friday 9th January 2026.

The closing date for applications is Friday 13th March 2026 at noon.

Offer letters will be emailed out on Friday 20th March 2026.

The deadline for accepting a place is Friday 17th April.

Reception Applications for September 2026

Applications open: 1st September 2025

Applications close: 16th January 2026

National offer day: 16th April 2026

Further information can be found at

<https://www.newcastle.gov.uk/services/schools-learning-and-childcare/apply-school-place/applying-reception-places>

Middle School Applications for September 2026

National Offer Day: 2nd March 2026

Further information can be found at

[Applying for Transfer places | Newcastle City Council](#)

Mrs Lamb



Rainbow Wraparound

Bookings must be made during the booking window which opens on the 10th of each month and closes on the 20th of each month, for the following month.

	Booking opens 12 noon	Booking closes 12 noon
October bookings	September 10 th	September 20 th
November bookings	October 10 th	October 20 th
December booking	November 10 th	November 20 th
January bookings	December 3 rd	December 17 th
February bookings	January 10 th	January 20 th
March bookings	February 10 th	February 20 th
April bookings	March 10 th	March 20 th
May bookings	April 10 th	April 20 th
June bookings	May 10 th	May 20 th
July bookings	June 10 th	June 20 th

Parents must make their own bookings on the school cloud system. The only exception to this is families using vouchers. If you are emailing dates for voucher bookings, you must include

- Your child's name
- The day and date
- The sessions required (breakfast, until 5pm, until 6pm).

If you would like to, you can book sessions in advance for the entire school year.

If you do wish to book the same sessions for the entire school year, please email Mrs Carrick at wraparound@gosforthpark.newcastle.sch.uk

Block bookings can only be made via email or through school cloud (not text message).

Please email wraparound@gosforthpark.newcastle.sch.uk for any wraparound queries, **NOT the admin inbox or Mrs Carrick directly, as this will delay any response and may result in you missing the booking window.**

Please ensure all block bookings are made/requested before the booking window closes. We cannot guarantee any block bookings after this date.

If you have any queries, please do not hesitate to get in touch.

Thanks

Mrs Carrick

wraparound@gosforthpark.newcastle.sch.uk

NEWCASTLE LIBRARIES

CHILDREN & FAMILIES NEWSLETTER
WINTER 2025/2026

Keep up to date with all things Toon Libraries:

@ToonLibraries
Newcastle Libraries

Event booking:
www.eventbrite.newcastlelibraries.com



Christmas Crafts

Monday 22 December at 11am
Fenham Library & Kenton Library

Monday 22 December at 12pm
Blakelaw Library @ Leisure United

Monday 22 December at 2pm
West End Library, Cruddas Park Library, Denton Burn Library, East End Library

Tuesday 23 December at 11am
Outer West Library, Walker Library, City Library & High Heaton Library

Wednesday 24 December at 11am
Newburn Library & Gosforth Library

Wednesday 24 December at 1pm
Blakelaw Library @ Leisure United

Free, drop in, and suitable for the whole family!



BOOK BINDING WORKSHOP

Saturday 14 February, 11am - 1pm

Ever wondered how books are made? In this 2 hour workshop, experts from the Society of Bookbinders North East help you make your own journal. You can even emboss your own name on the front cover!

Suitable for children aged 7+. Children must be accompanied by an adult at all times.

Free session, but booking essential. Booking via Eventbrite.

Whatever Next!

31 January, City Library, 10.30am and 12.30pm



We're celebrating National Storytelling Week with one of our favourite stories - Whatever Next by Jill Murphy.

Baby Bear uses his box to fly into space - what story will you tell using your cardboard box and your amazing imagination?!

Book your free place via Eventbrite for this story and craft session, suitable for children aged 4-11.



Early Words Together

Outer West Library, starts Monday 12 January, 10.30am
High Heaton Library, starts Tuesday 13 January, 2pm

National Literacy Trust

Change your story

First Words Together

Fenham Library Starts Friday 16 January, 10am

These sessions are a fun, free way to help parents develop their skills and confidence to support early language development in a home learning environment. First Words Together is suitable for children up to the age of two and Early Words Together focuses on children aged between 2 and 3 years old.

You will be signing up to attend 5 weekly sessions with a different focus and theme each week. You'll also get resources to take away with you. Book your free space via Eventbrite.

SATS WORKSHOPS

Fenham Library, Tuesday 17 February, 11am
Gosforth Library, Wednesday 18 February, 11am
City Library, Thursday 19 February, 12pm
West End Library, Friday 20 February, 11am



Join Explore Learning for an hour long session designed to help Year 6 children gain confidence in the run up to SATS tests. This workshop aims to improve SATs preparation, aid familiarisation with SATs papers and help develop exam techniques. Book your free place via Eventbrite.

GAME CHANGERS



Read, play, craft and make friends at our Game Changers social clubs for 7-11 year olds (under 8s must be accompanied by a grown up)!

Whether you want to try a new board game, help create a book display, or have some company while you do your homework, you'll find plenty to keep you busy.

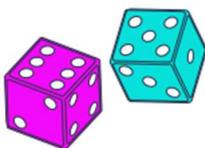
Monday: Fenham Library (3.30pm)

Tuesday: Outer West Library (3.30pm)

Wednesday: Newburn Library (3.30pm)

Thursday: High Heaton Library (3.30pm)

Saturday: Kenton Library (11am), Denton Burn Library (11am), West End Library (10.45am), Cruddas Park Library (11am)



LEGO CLUBS

This is a term time weekly drop-in and we provide all the materials. The clubs are for children aged 4 and up, and children must be with a parent or carer.

Mondays: Kenton Library - 3.30pm-4.30pm,

West End Library - 4pm-5pm

Tuesdays: Gosforth Library - 3.30-4.30pm

Thursdays: Walker Library - 3.45pm-5pm,

City Library - 4pm-6pm,

Fridays: Fenham Library - 3.30pm-4.30pm

Saturdays: Newburn Library - 10.30am-

12.30pm, East End Library - 11am-12pm,

High Heaton Library - 11am-12pm,

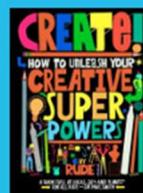
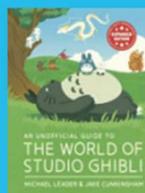
Denton Burn Library - 11am-12pm, Cruddas

Park Library - 11am-12.30pm,

Outer West Library - 11am-1pm



New Books - Available Now!



Enjoy a relaxed and welcoming atmosphere, explore what the library has to offer, make friends and listen to stories that will encourage young children to develop a life-long love of books.

Under 5s, term time only.

Mondays: Fenham Library 10:30 am, City Library 10.30am, West End Library 2pm
Tuesdays: Gosforth Library, 11am
Wednesdays: Blakelaw Library, 10.30am
Thursdays: High Heaton Library 10.30am, Kenton Library 10.30am
Fridays: Gosforth Library 10.30am, Newburn 10.30am, East End Library 11am
Saturdays: Cruddas Park Library 10.30am, Walker Library 11am

Visit libraries.newcastle.gov.uk to search for books, find out where they are, make a reservation (for free!) and select which branch you want to collect your book from!



NSPCC

Number Day 2026

IT'S MATHS, BUT NOT AS YOU KNOW IT.

Friday 6 February

Tag us online:
#NumberDay

EVERY CHILDHOOD IS WORTH FIGHTING FOR

©NSPCC 2025. National Society for the Prevention of Cruelty to Children, Registered charity England and Wales 238401, Scotland SC037317 and Jersey 384. Photography by UGC and Caroline Nicholson on behalf of the NSPCC. 20255114

Do you think your child may be neurodivergent?

Drop in and find out about support available near you.

At our drop in events, you can chat to services about the support they offer. You can find out more about;

- An autism & ADHD assessment
- Support for parents
- Activities and groups
- Mental health support
- and more!

NHS

children & families
NEWCASTLE

- 19th January, 12.30pm - 3.30pm, St Martins, Byker, NE6 2RJ
- 24th February, 1.30pm - 4.30pm, Carnegie Hub, Benwell, NE4 8XS
- 20th March, 9.30am - 12.30pm, The Haven, Kenton, NE3 3RX

Children's Speech & Language Clinic



Do you know a child who could benefit from the clinic?
If so, please feel free to pass on our details.

Scan the QR code below

Newcastle University Children's
Speech & Language Clinic
Application Form



For further information/general enquiries contact:
Jan Holroyd, Children's Speech and Language Clinic Secretary
Tel: 0191 208 7385 or email: ChildSLClinic@ncl.ac.uk





Primary School Lunch Menu

FEBRUARY - JULY

Plant Friendly Days

Menu Option 2 (Star)

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Handmade Margherita Pizza Slice (V) Over Roast Diced Potato (V)	Mexican Style Minced Beef Taco Snails Tomato Salsa Dip (V), Savoury Rice	Classic Pasta Pomodoro (vg) Seasoned Wedges (vg)	Sizzling Pork Sausage Mashed Potato (V)	Battered Fish Fillet Chips (vg)
Main Course	Handmade Mediterranean Pizza Slice (V) Oven Roast Diced Potatoes (V)	Crushed Chickpea & Sweetcorn Wrap (vg) Savoury Focaccia (V)	Crunchy Quorn Dippers (V) Seasoned Wedges (vg)	Sizzling Quorn Sausage (V) Mashed Potato (V)	Classic Cheesy Pasta Bake (V) Garlic Bread Slice (V)
Chef's Choice of Seasonal Vegetables and Salad Bar (V)(vg) / Jacket Potato - Cheese (V), Tuna Mayo, Beans (V)(vg) / Sandwiches Options (V)					
Dessert Fresh Fruit (vg), Yoghurt (V), Cheese & Biscuits (V)	Pancakes with Golden Syrup & Sliced Bananas (V)	Ginger Sponge Cake (V)	Trifle (V)	Shortbread Finger (V)	Apple Crumble Muffin (V)
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Traditional All-Day Breakfast (Pork Sausage, Hash Brown, Beans, Omelette)	Oven Roast Chicken Fillet with Yorkshire Pudding Roast Potato (V)	Classic Mac & Cheese (V) Garlic Bread Slice (V)	Mexican Style Cheese & Ham Tortilla Wedge Oven Roast Diced Potato (V)	Golden Fish Stars or Salmon Bites Chips (vg)
Main Course	Traditional All-Day Breakfast (Quorn Sausage, Hash Brown, Beans, Omelette)	Juicy Roast Quorn Filler with Yorkshire Pudding (V) Roast Potatoes (V)	Classic Quorn Pasta Bolognaise (V) Garlic Bread Slice (V)	Herby Cheese Omelette (V) Oven Roast Diced Potato (V)	Creamy Quorn Korma Curry (V) Steamed Rice (V) Naan Bread (V)
Chef's Choice of Seasonal Vegetables and Salad Bar (V)(vg) / Jacket Potato - Cheese (V), Tuna Mayo, Beans (V)(vg) / Sandwiches Options (V)					
Dessert Fresh Fruit (vg), Yoghurt (V), Cheese & Biscuits (V)	Melting Moment Cookie (V)	Sliced Banana & Ice Cream (V)	Lemon Curd Cake with Custard (V)	Fruity flapjack (V)	Frozen Yoghurt with Mixed Berries (V)
Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Handmade Margherita Pizza Slice (V) Pasta Quills (V)	Classic Chicken Pie Mashed Potato (V)	American Style Hot Dog in a Bun Seasoned wedges (vg)	Italian Style Meatballs in Tomato Sauce with Spaghetti Garlic Bread Slice (V)	Golden Fish Finger or Salmon Fingers Chips (vg)
Main Course	Oven Baked Quesadilla (V) Pasta Quills (V)	Cheese Pasty (V) Diced Potato (V)	Mighty Quorn Frankfurter in a Bun (V) Seasoned Wedges (vg)	Italian Style Quorn Meatballs in Tomato Sauce with Spaghetti Garlic Bread Slices (V)	Classic Cheese & Onion Quiche (V) Chips (vg)
Chef's Choice of Seasonal Vegetables and Salad Bar (V)(vg) / Jacket Potato - Cheese (V), Tuna Mayo, Beans (V)(vg) / Sandwiches Options (V)					
Dessert Fresh Fruit (vg), Yoghurt (V), Cheese & Biscuits (V)	Chocolate Muffin (V)	Cheesecake with Mandarins (V)	Apple Turnover (V)	Marble Cake with Custard (V)	Fruity Friday (V)

CHOICE OF DRINKS:

Chilled Water
Reduced Fat Milk (V)



Meats are subject to availability
(Vg) Plant-Based and Plant-Friendly
(V) Suitable for Vegetarians

