



www.gosforthpark.newcastle.sch.uk

September 26th 2025 Issue 4/8 Autumn Term 1



The children have been delighted with the delivery of our new goals this week. We now have two pitches set up for playtime and lunchtime football. We had a special assembly on Wednesday with our guest of honour, Greame Doyle, who spoke to the children about football and values. We also talked with the children about how to stay safe and have fun using our OPAL questions

- ✓ **Will it break?**
- ✓ **Will it hurry me?**
- ✓ **Will it hurt others?**

and the children came up with some great rules which I'm sure they can tell you all about.

Key stage 2 have been fantastic at also helping the younger children with games of football outside. Well done everyone – you should very proud of yourselves.

Mrs Lamb



THE PEOPLE'S KITCHEN est. 1985 NEWCASTLE

For Harvest this year we have decided to welcome donations for the People's Kitchen which provides hot meals and support for anyone who, for many different reasons, finds themselves struggling.

This is a critical time for this excellent charity, which is based near St James' Park, because it is when the warehouse is replenished with goods to sustain it through the year to come.

The charity provides a 'Harvest Wish List' for all who are willing to give. This includes tinned meals, vegetables, fruit and soups, cooking ingredients; tea, coffee and instant drinking chocolate; household items such as dishwashing cloths, pan scrubs, freezer bags, laundry, wash tablets and general toiletries are also welcome. Please note that fresh fruit and vegetables are not required because it is not necessarily possible to use them immediately.

Please send any donations into the school office and leave on top of the Lost Property unit by Monday 13th October.

Thank you for your support.

Miss Parsons-Munn

Starting School in September 2026!

Applying for Places

Nursery Application forms for places in September 2026 will be available on the school website and from the office from Friday 9th January 2026.

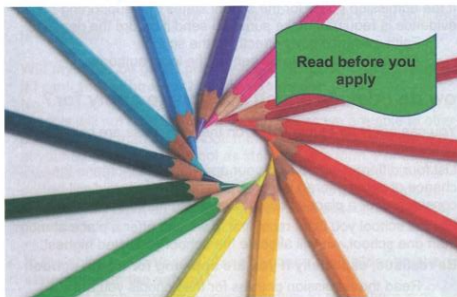
The closing date for applications is 27th March 2026 at noon.

Offer letters will be emailed out on Wednesday 1st April 2026.

The deadline for accepting a place is Friday 24th April.

Starting school in 2026

Essential information about making an application for a Reception place if you live in Newcastle



Find out more and apply online at www.newcastle.gov.uk

The closing date is 15 January 2026

Reception Applications for September 2025

Applications open: 1st September 2025

Applications close: 16th January 2026

National offer day: 16th April 2026

Further information can be found at <https://www.newcastle.gov.uk/services/schools-learning-and-childcare/apply-school-place/applying-reception-places>

See visit dates further below.

Transferring school in 2026

Essential information about making an application to transfer to middle, secondary or high school.



Find out more and apply online at www.newcastle.gov.uk

The closing date is 31 October 2025.

Middle School Applications for September 2025

Applications open: 1st September 2025

Applications close: 31st October 2025

National Offer Day: 2nd March 2026

Further information can be found at

[Applying for Transfer places | Newcastle City Council](#)

Mrs Lamb



Gosforth East Middle School is holding an open evening on Wednesday 8th October for our Year 4 parents. We will send more information from Mr Stout via ParentPay.

Gosforth Central Middle School is holding an open evening on Tuesday 14th October for our Year 4 parents. Further information has already gone out on ParentPay

Reception 2026

We've already had lots of enquiries regarding visits for our Reception 2026 intake. Parents are able to visit the school on the following dates. Please phone the school office to book a place.

- Tuesday 7th October 5:00 – 6:00
- Tuesday 14th October 9:30 – 10:30am
- Tuesday 21st October 9:30 – 10:30am
- Wednesday 22nd October 9:30 – 10:30am
- Wednesday 6th November 9:30 – 10:30
- Wednesday 6th November 5:00 – 6:00
- Tuesday 11th November 9:30 – 10:30
- Wednesday 12th November 5:00 – 6:00



Check out the end of the newsletter for information about the PTFA 100 Club Lottery.

You can sign up here...

https://docs.google.com/forms/d/e/1FAIpQLScCvyMYLb17F0zAlOOSO-bTbA94vhDHOqBZrsOv-Jz50oJzWQ/viewform?usp=sf_link

Thank you so much for your support.

PTFA



Dear Parents/carers

Please remember to return your completed photo permission forms.

We need them for all children as the updated form has a new set of questions.

Thanks in advance

Mrs Carrick



Year 4 Bikeability Reminder

All Year 4 children are invited to complete their Bikeability cycling proficiency award. Children will need to bring their **bikes and helmets** on the dates below. They will take part in half a day of cycling skills. We have also arranged for a session for none-riders and children who need a bit more practice to become confident cyclists. We will be remaining on the school grounds for these sessions.

Y4 Mr Guest

Thursday 2nd October

None-riders (from both Y4 classes)

Thursday 2nd October

We will also send out reminders via Seesaw

Many thanks

Mr Hindess

Pre-Loved Uniform

PRE-LOVED ITEMS WE CAN SELL		PRE-LOVED ITEMS WE CAN NOT SELL
OFFICIAL SCHOOL JUMPERS/HOODIES	£2.50	NON – OFFICIAL JUMPERS
OFFICIAL SCHOOL CARIGANS	£2.50	NON – OFFICIAL CARIGANS
OFFICIAL SCHOOL POLOS	£1.50	NON – OFFICIAL POLOS
GIRLS CHECKED DRESSES	£1.50	GREY BOYS TROUSERS
GREY PINAFORES	£1.50	GREY TAYLORED GIRLS TROUSERS
GREY SKIRTS	£0.50	GREY BOYS SHORTS
GREY GIRLS SOFT TROUSERS	£0.50	DAMAGED OR MARKED ITEMS
SCHOOL BAG (NEW STYLE)	£2.50	

Items are sold from 1 Park Drive, Melton Park NE3 5QB, with a drop off box in front of the garage. Please only drop off items on the list that can be resold.

Please REMEMBER items must not be marked as they are unable to be sold on. You can text me Natasha Davy (Parent) on 07736276653. All money made comes back to school to be spent on playground equipment for our wonderful children.



Please remember that there is also a pre-loved uniform drop off area in the main entrance to help us to reuse, recycle and re-love uniform for the benefit of our children and community.



It's the last week of the Snacktember campaign but don't let that stop you with being more mindful about ensuring your child's snacks are, on the whole, a healthy choice. Involving your child with choosing and preparing snacks enables them to feel a sense of ownership and can encourage them to try the healthier choices. There are some lovely recipes at the bottom of the Snacktember website to get you started. Find out more at [Snack-tember 2025 | British Nutrition Foundation](#)

Mrs Wells



Our wonderful PTFA will be holding a bake sale after school on Friday 17th October. We will be welcoming NUT FREE cake donations on Thursday the 16th and the morning of Friday 17th. Thank you!

TIMES TABLES ROCK STARS

This week Mr Guest's class is our top class on TTRS! Well done Year 3 and 4. We're still waiting on our first new Rock Stars of this school year, so make sure to use studio mode to update your status! Our top coin earners this week are Joshua S, Alanna T, Thea T and Alice B.



Well done to everyone who has been using NumBots this week, remember you only need to play for 4 minutes, 3 times a week to improve your number fluency! **Mr Edward's** class is our most active class this week!

Our top coin earners this week are:

Miss Pope – **Younes G**

Mr Edwards – **Abigail R**

Miss Tate – **Dua A**

Mr Patterson – **Sam R-G**

Mr Hindess and Mrs Armstrong – **Arisa K**

Mr Guest – **Thea T**

Miss Bell – **Joseph B**

It is great to see a new top earner in each year, keep up the great competition!

Miss Pope

Attendance

Our whole school attendance to date this academic year is **97.1%** which is slightly down on this time last year (**97.2%**).

Our classes of the week this week are **Year 2 Mr Patterson Year 4 Miss Bell** and **Reception Miss Parsons-Munn** with **99.4%**

Well done everyone!

Mrs Lamb

Staff Training Days

Staff Training Days for GST schools this academic year will be:

- Friday 24th October 2025
- Monday 1st June 2026

Please see the dates for your diary below and the school calendar for 2025_2026

Newcastle Schools' Term starts on Tuesday 1st September 2026. GST training days for 2026 – 2027 will be set later in this academic year.



UPDATED DATES*

KS1 Geography Skills and Fieldwork

As part of our Geography-based topics **Pirates (Y1)** and **Gosforth is Great (Y2)**, we are inviting all of our KS1 children to complete an outdoor geography-based fieldwork experience at school.

KS1 children will be remaining within the school grounds for this experience but will need suitable outdoor clothing. PE kits are fine but you might want to bring wellies in a named plastic bag if it is really wet/muddy

Monday 6th October - Y1 Mr Edwards

Tuesday 7th October - Y1 Miss Pope

Wednesday 8th October - Y2 Mr Patterson

Thursday 9th October - Y2 Miss Tate

Mr Hindess

Important Draft Dates 2025-26

New additions will be added in red.

Autumn One

Thursday 5 th October	Y4 Mr Guest Bikeability Level One + any none-riders
Monday 6 th October	Y3 Geography Fieldwork – Gosforth Highstreet
Monday 6 th October	Y1 LE – Mr H Fieldwork (on site) AM only
Tuesday 7 th October	Y3/4 Geography Fieldwork – Gosforth Highstreet
Tuesday 7 th October	Y1 DP – Mr H Fieldwork (on site) AM only
Wednesday 8 th October	Y4 Geography Fieldwork – Gosforth Highstreet
Wednesday 8 th October	Y2 RP – Mr H Fieldwork (on site) AM only
Thursday 9 th October	Y1 trip to Royal Navy Museum
Thursday 9 th October	Y2 JT – Mr H Fieldwork (on site) AM only
Friday 17 th October	PTFA Bake Sale – After School
Wednesday 22 nd October	Y4 Playground Leaders Training
Friday 24 th October	Training Day

Autumn Two

Monday 3 rd November	School re-opens
Wednesday 5 th November	School Photos (individual and sibling)
Thursday 27 th November	Y3 + Y3/4 trip to Victoria Tunnel + Northern Print Workshops
Tuesday 2 nd December	Y4 trip to Victoria Tunnel + Northern Print Workshops
Thursday 4 th December	Y2 trip to Discovery Museum

Christmas Performances and Events

Wednesday 10 th December	Reception to Year 4 Flu Vaccinations
Wednesday 10 th December	Nursery - doors open at 9:15 for a 9:30 – 10:00 performance
Wednesday 10 th December	Santa Dash Daily Mile
Wednesday 10 th December	Christmas Jumper Day
Wednesday 10 th December	Christmas Dinner Day
Thursday 11 th December	Reception Miss Coughlan - doors open at 9:15 for a 9:30 – 10:00 performance
Friday 12 th December	Reception Miss Parsons-Munn - doors open at 9:15 for a 9:30 – 10:00 performance
Monday 15 th December	Year 4 Miss Bell - doors open at 2:15 for a 2:30 – 3:00 performance
Tuesday 16 th December	Year 1 Miss Pope and Mr Edwards - doors open at 9:15 for a 9:30 – 10:00 performance
Tuesday 16 th December	Year 3/4 Mr Guest - doors open at 2:15 for a 2:30 – 3:00 performance
Wednesday 17 th December	Year 2 Mr Patterson and Miss Tate - doors open at 9:15 for a 9:30 – 10:00 performance
Wednesday 17 th December	Year 3 Mr Hindess & Mrs Armstrong - doors open at 2:15 for a 2:30 – 3:00 performance
Thursday 18 th December	Whole School trip to Gosforth Civic Theatre
Friday 19 th December	Reception to Year 4 Christmas Parties (wear party clothes!)

Important Draft Dates 2025-26

Spring One

Monday 5th January	School re-opens
Thursday 22nd January	Year 2 Pants are Private sessions

Spring Two

Monday 23rd February	School re-opens
Wed 11th - Friday 13th March	Year 4 to Robinwood
Friday 3 rd April	Bank Holiday

Summer One

Monday 20 th April	School re-opens
Monday 4 th May	Bank Holiday
w/b 4 th May	Year 4 Swimming Lessons (PM all week)
w/b 11 th May	Year 4 Swimming Lessons (PM all week)
Friday 22 nd May	'That History Bloke' Ancient Greeks Workshops KS2

Summer Two

Monday 1st June	Training Day
Tuesday 2nd June	School re-opens
Tuesday 2nd June	'That History Bloke' Ancient Greeks Workshops KS2
w/b 22 nd June	Sports Week
w/b Monday 6th July	Transition Week
Thursday 9th – Friday 10th July	Year 3 Onsite Residential Sleepover
Thursday 16 th July	Year 4 Leaver's Assembly (more info TBC)
Friday 17th July	Final Day of 2025-26



Rainbow Wraparound

Bookings must be made during the booking window which opens on the 10th of each month and closes on the 20th of each month, for the following month.

	Booking opens 12 noon	Booking closes 12 noon
October bookings	September 10 th	September 20 th
November bookings	October 10 th	October 20 th
December booking	November 10 th	November 20 th
January bookings	December 3 rd	December 17 th
February bookings	January 10 th	January 20 th
March bookings	February 10 th	February 20 th
April bookings	March 10 th	March 20 th
May bookings	April 10 th	April 20 th
June bookings	May 10 th	May 20 th
July bookings	June 10 th	June 20 th

Parents must make their own bookings on the school cloud system. The only exception to this is families using vouchers. If you are emailing dates for voucher bookings, you must include

- Your child's name
- The day and date
- The sessions required (breakfast, until 5pm, until 6pm).

If you would like to, you can book sessions in advance for the entire school year.

If you do wish to book the same sessions for the entire school year, please email Mrs Carrick at wraparound@gosforthpark.newcastle.sch.uk

Block bookings can only be made via email or through school cloud (not text message).

Please email wraparound@gosforthpark.newcastle.sch.uk for any wraparound queries, **NOT the admin inbox or Mrs Carrick directly, as this will delay any response and may result in you missing the booking window.**

Please ensure all block bookings are made/requested before the booking window closes. We cannot guarantee any block bookings after this date.

If you have any queries, please do not hesitate to get in touch.

Thanks

Mrs Carrick

wraparound@gosforthpark.newcastle.sch.uk

What Parents & Educators Need to Know about YOUTH VIOLENCE

UNDERSTANDING YOUTH VIOLENCE

Youth violence affects one in four children in the UK, but it doesn't have to. When parents, carers, and educators understand the risks, they're better placed to support young people. The right support, mentoring, therapy, and guidance can help young people affected by violence to feel safe, manage conflict, and make positive choices.

WHY DO YOUNG PEOPLE COMMIT SERIOUS VIOLENCE?

A recent study surveyed over 10,000 young people affected by violence, asking why serious violence occurs among their peers, such as an assault involving a weapon or sexual violence. The most common reasons given were due to a personal characteristic of the victim e.g., race, religion, sexuality, gender, a gang or school rivalry, and being provoked. While not all young people face these issues, many lack the emotional regulation skills needed to manage provocation.

WHAT ARE SIGNS A YOUNG PERSON IS AT RISK?

Children and young people often express that something is wrong through behaviour rather than words. Be alert to signs such as sudden mood changes, secrecy around friendships, excessive phone use, unfamiliar slang, unexplained injuries, fear of school, aggression, going missing, or substance use. They may also be associating with older peers. These behaviours can indicate underlying issues that can lead to violence.

ONLINE INFLUENCES

Social media plays a powerful role in normalising and escalating violence. Platforms like TikTok and Snapchat can expose young people to harmful content, often shaped by algorithms. Many see violent material that distorts reality, leading to fear and desensitisation. A recent study found 70% had seen real-world violence online, and 80% felt less safe in their communities. Alarmingly, 39% said it made them more likely to carry a weapon. Online conflict can often spill into real life, with serious and sometimes tragic consequences.

Opportunity

Community

Wellbeing

Respect

UNCERTAINTY

CONFLICT

FEAR

WHEN IS VIOLENCE MORE LIKELY TO HAPPEN?

For children and young people in England and Wales, the hours between 4 pm and 8 pm – just after school – carry a particularly high risk for serious violence. This can stem from conflicts that escalate during the school day, online arguments, or simply moving through unfamiliar areas on the way home. Understanding this risk helps us support safer travel and routines. Our recent report found that over one in three young people don't feel safe in the area they live in, and 36% don't feel safe walking the streets.

WHY MIGHT A YOUNG PERSON CARRY A WEAPON?

Young people may carry weapons due to fear, threats, peer pressure, or a false sense of protection. Many young people tell us they feel unsafe and carry weapons 'just in case', while others may be influenced by social media, peers, or criminal activity. Some don't realise it's illegal or may believe it earns respect.

WHERE IS VIOLENCE MORE LIKELY TO HAPPEN?

Violence often happens in certain places. Busy areas like transport hubs carry risk simply because lots of people gather there. Other hotspots, like places linked to drug activity, attract those more likely to be involved in violence. Some areas become risky due to poor supervision, such as under-resourced public spaces. Understanding where violence tends to occur helps us guide young people safely through their communities and advocate for better support and safer spaces.

Advice for Parents & Educators

TALKING TO CHILDREN ABOUT STAYING SAFE

Choose a safe moment for the conversation, emotionally and physically. If a child is upset or angry, help them settle before discussing serious topics. Listen actively without judgement, even if what they share is difficult. Avoid interrupting and offer advice when the time feels right. If you're worried, you're not alone; support is available.

AVOID CONFLICT & MANAGE ESCALATIONS

Encourage young people to consider the 'Safe T's' – Trust instincts, Take a breath, and Talk to a trusted adult. When triggered or provoked, they may react from their 'survival brain', unable to think clearly about the consequences. Taking a breath helps calm, and helps them access their 'thinking brain'. Remind them that moments pass, and seeking support from trusted adults builds resilience and safer decision-making.

HELP CHILDREN UNDERSTAND CONSEQUENCES

Young people can be searched by police or teachers if suspected of carrying a weapon. If found with a knife, they could face arrest and criminal proceedings. A conviction can result in a criminal record. Even being present during a violent assault, encouraging it, filming, or sharing footage can lead to prosecution. Open and honest conversations can help children understand these risks and make safer choices.

REPORT INFORMATION

We all have a role in preventing violence. If a child shares concerns, you can act. For educators, it's important to follow your school's safeguarding procedures. Other adults can report anonymously through Fearless or Crimestoppers, and speak with other parents, the school, or local police through 101. If someone is in immediate danger, always call 999. These steps help protect children and the wider community.

Meet Our Expert

The Ben Kinsella Trust is a UK anti-knife crime charity educating young people through immersive workshops, awareness campaigns, and community resources. Visit: benkinsella.org.uk



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/youth-violence>

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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100 CLUB LOTTERY

Month	Number Cost	1st Prize Allocation	2nd Prize Allocation	3rd Prize Allocation
October	£2	20%	10%	5%
November	£2	20%	10%	5%
December	£4	30%	20%	10%
January	£2	20%	10%	5%
February	£2	20%	10%	5%
March	£2	20%	10%	5%
April	£2	20%	10%	5%
May	£2	20%	10%	5%
June	£2	20%	10%	5%
July	£4	30%	20%	10%

* Please note that the cost for the prize draw in December and July is increased to account for the months of August and September, therefore allowing the prize fund to be larger, a nice treat just in time for the Christmas and Summer Holidays!

Welcome to the Gosforth Park First School PTA 100 Club which will commence from 01st October 2025. The primary aim of our 100 Club is to raise funds for school, but there is an added bonus that you could win a cash prize in doing so!

Here's how it works ...

- You must complete the membership agreement form, confirming you have read, understood and agree to abide by the 100 Club Terms and Conditions and agree to pay the fee of £24.00 per number.**
- You may have up to a maximum of 5 numbers per household (this may be amended depending on the level of interest). These will be allocated to you by the administrator of the PTA 100 Club and you will be informed of your number(s) before the first draw in October. These number(s) are then yours permanently and entered into each monthly draw for that academic year.**
- The 100 Club is a small society lottery and therefore is open to all parents, carers and other family members aged 16 years or over, as well as all CPFS school staff and governors. We are registered with Newcastle City Council: Registration Number: LOTT1049.**
- The draw will take place during PTA meetings or witnessed by a member of school staff and a member of the PTA committee, using <https://pickerwheel.com/tools/random-number-generator/>**
- If you win you will be personally notified via the contact information that you have provided on your agreement form and the prize money will be transferred by BACS transfer asap.**



Sunday 28th September
10am - 4pm



HARVEST FESTIVAL PROGRAMME

All the fun of a countryside farm show in the city

10AM - 12PM: GRAFTS

Drop-in any time between 10am and 12pm to make a farm animal crown!



10AM - 12PM: DROP OFF COMPETITION ENTRIES

Drop off your homemade bakes, impressive vegetables and veg patch creatures to be judged!

2PM: LIVE MUSIC, DRINKS, FOOD

Country music from Rob Heron and Tom Cronin, locally brewed Two by Two beers and fresh farm produce to try.



3-4PM: GUINEA PIG RACE, FARMYARD GAMES AND DEMOS



Which guinea will make it past the snacks to reach the end of the race first? How much do you think Truffle the pig weighs?

11.30AM - 12PM: KIDS FELL RACE

Don your animal crown and run! The route is approx 1 mile and suitable for age 4+ but all kids should be accompanied by a grown up.



12PM: JUDGING BEGINS

Our expert local judges will assess all the competition entries.

1PM: PRIZE CEREMONY AND COMMUNITY FEAST

See if you've won one of our fantastic prizes and try some of the delicious community bakes.



HARVEST FESTIVAL COMPETITION CATEGORIES

Creature from the Veg Patch

Can you make a creature - real or imaginary, from vegetables? Kids and adults can enter. [See our Pinterest board](#) for inspiration!



Most impressive vegetable

A giant courgette, a beautiful carrot, a very leafy cabbage - impress us!

Funniest vegetable

Have you grown a vegetable that looks like a gremlin, or a carrot with three legs? We want to see it.



Tastiest conserve

Jams, chutneys, marmalades - we want to taste them all!

Sweet baked good

This could be a classic Victoria sponge, a cupcake, a jam tart... let GBBO inspire you.



Savoury baked good

Pasty, pie, sausage roll - you decide!

To enter, head to www.ouseburnfarm.org.uk/whatson
Please provide a list of main ingredients when you submit your entry on the day.

THE PEOPLE'S KITCHEN

est. 1985
NEWCASTLE

FOOD FRIENDSHIP FUTURES



HOW YOU CAN HELP THE PEOPLE'S KITCHEN

Our work is only made possible thanks to your kindness and generosity. The People's Kitchen is run entirely by volunteers so every penny donated goes directly to helping our vulnerable Friends who might be homeless, at risk, unemployed, lonely, or living in poverty.



Items we need	Examples
Tinned Vegetables	Tomatoes Plum and Chopped, Peas, Carrots, Sweetcorn, Potatoes, Baked Beans
Tinned Fruit	Peaches, Pineapples, Fruit Cocktail, Pears, Mandarin Oranges
Soup	Tinned or Instant Vegetable, Tomato, Chicken, Broth, Lentil, Potato & Leek
Cooking/ Baking Ingredients	Sugar, Self-Raising Flour, Plain Flour, Jam, Desiccated Coconut, Cocoa, Porridge Oats, Dried Fruit, Cooking Oil, Lentils, Broth, Pulses (Chickpeas, Kidney Beans, Butter Beans)
Snacks	Pot Noodles, Crisps, Biscuits, Chocolate, Sweets
Drinks	UHT Milk, Coffee, Tea, Hot Chocolate, Cartons of Juice, Fruit Squash
Desserts	Rice Pudding, Jelly, Angel Delight, Instant & Tinned Custard, Evaporated Milk, Golden Syrup
Tinned Meat	Ham, Corned Beef, Chilli, Curry, Minced Beef, Bolognese, Stewing Steak
Cooking Sauces	Indian, Thai, Chinese, Italian, Mexican, Coconut Milk
Condiments	Tomato Ketchup, Brown Sauce, Mayonnaise, Salt, Pepper
Pasta & Rice	Lasagne, Egg Noodles, Rice
Stock and Gravy	Vegetarian, Beef, Chicken and Onion
Toiletries	Soap, Deodorant, Shampoo, Conditioner, Shower Gel, Razors, Toothpaste, Toothbrushes, Toilet Roll
Cleaning/Other	Washing Up Liquid, Washing Powder, Spare Carrier Bags
Pet Food	Dog and Cat Wet and Dry Food

GPFS PTA PRESENTS OUR

Wreath Making Workshops



£40pp
including all materials
and a festive treat.

Available to
book via
ParentPay

Saturday 29th November
GPFS Community Room
2 - 5pm or 5 - 8pm