



www.gosforthpark.newcastle.sch.uk

September 17th 2021 Issue 2 Autumn Term 1



We were so excited to harvest our produce this week. We have loads of pumpkins and beans! We will be setting up stall and selling this at the Grainger Market on Thursday 23rd September 11am - 1pm. Everyone is welcome. Please spread the word to family and friends and don't forget cash on the day!

All proceeds we raise go to FareShare North East - the food charity who redistribute food to those in need in our local community.

PS If you have any surplus produce from your own allotment and would be willing to donate it to school, I would be very grateful.

Please leave any donations at the office for Mrs Lambert, thank you!









Thank you to the schools involved, the teachers, the parents, the local community, but most of all, to the children!

Food and Drink North East is a community interest company (CIC) whose aim is to build a vibrant and engaged community that champions positive trade, promotes a sustainable, circular economy and acts as a collective and inclusive voice for the region's food and drink sector.

We're delighted to be running the North East initiative of a national School Food Matters project to teach children about food and to improve children's access to healthy, sustainable food during their time at school.

We are looking to run this project again in the 2022 and are looking for local businesses to sponsor a school. Please contact our Community Lead, Ebba, at ebba@fadne.org for more information if you are interested.





WELLY TO BELLY

SCHOOLS MARKET DAY

Thursday 23rd September

11am-1pm

Grainger Market, Grainger Street, Newcastle upon Tyne, NE1 5QQ



After a lot of digging, planting and growing, it's time for the pupils to harvest their produce and set up stalls to sell it at the Grainger Market in Newcastle city centre as part of the Welly to Belly Project by Food and Drink North East and School Food Matters.

We are so proud of all the children have already achieved, and hope you can support them by visiting their Market Stall.

All proceeds from the sales of the produce will be donated to FareShare North East.



Music

We are excited that Gosforth Voices will be starting at Grange First School from 22nd September at 3:45pm-4:45pm, and Gosforth Band will be starting at Archibald First School from the 29th September at 3:45pm-4:45pm.

Pupils in Year 3 and Year 4 can sign up to attend. Please see the Music Partnership North information leaflet below, which has a link and a QR code to sign up.

Thank you

Mr Patterson.

Flu Sniff

We have been informed by the immunisation team that the flu sniff for our school has had to be postponed until **10th November 2021**.

This delay is due to the roll out of the Covid-19 Vaccination for children aged 12 – 15.

Thanks

GPFS Office Team

Great British Beach Clean

Looking for something different to do this weekend and help our environment at the same time? Did you know it is beach cleaning season? There are some official local spots for volunteers; please follow the link:

https://www.mcsuk.org/what-you-can-do/join-a-beach-clean/great-british-beach-clean-events/?radius=10&order=time&latitude=55.0052867&longitude=-1.6470245&from_date=2021-09-17&to_date=2021-09-26

Let us know if you get involved – we'd love to see your pictures or tag us on Twitter @GosforthPark1st

Please find attached the educational pack for primary school pupils.

Thank you so much to Mrs Miladinova for bringing this to our attention.

Drop off and Collection

Thank you so much for your support at drop off and collection times. We seem to have settled into a good rhythm now!

Now that the yard is a lot busier and there is less waiting around time, please put your phone away when collecting/dropping off.

Please remember to enter and leave the site through our main gates and not via Broadway East.

Thanks

Mrs Lamb

Rainbow Wraparound

Bookings for October will close on Monday 20th October. Bookings for October half term will close on Monday 21st October and we will not be accepting block bookings for October after this date.

For any ad hoc bookings please contact us via wraparound@gosforthpark.newcastle.sch.uk or Rainbow Wraparound: 07926 946 565 for availability.

If you have any pre-loved books, games or toys which are in good condition we'd love them for our wraparound provision. Please drop any items at reception.

Thanks

The Rainbow Wraparound Team

School Council

Our school council met today and have been tasked with finding out from classmates what clubs they'd like to see in school and when. More news on this soon!

Parking

One of the downsides to the relaxation of COVID rules and having people return to the office is the volume of traffic back on the roads. For the safety of our children and on behalf of our neighbours in the surrounding streets (who have already been in touch)

Please, please, please

- Park considerately
- Do not block driveways
- Leave disabled bays free for disabled users (and remember not all disabilities are visible)
- Turn off engines
- Walk/cycle/scoot if possible
- Be courteous to other drivers
- Do not block access on the bridle path – this needs to be clear for emergency vehicle access.

PRE-LOVED UNIFORM

If anyone has any pre-loved cardigans that they can donate, size 7/8, we would be very grateful. These can be dropped off at Kate's or at school.

PRE-LOVED ITEMS ON SALE	PRICE
OFFICIAL SCHOOL JUMPERS	£2.50
OFFICIAL SCHOOL CARIGANS	£2.50
OFFICIAL SCHOOL POLOS	£1.50
GIRLS CHECKED DRESSES	£1.50
GREY PINAFORES	£1.50
GREY SKIRTS	£0.50
GREY GIRLS SOFT TROUSERS	£0.50
SCHOOL BAG (NEW STYLE)	£2.50
SCHOOL BAG (OLD STYLE)	£1.50
OFFICIAL PE T-SHIRT/SHORTS	£0.50

Items can be dropped off at any time in bags to the door of 6 Burnside road NE3 2DU – No need to knock. Text **Kate on 07947846974** to arrange a collection.

When dropping off pre-loved clothes, please make sure that they have been washed.

Huge thanks to Mrs Watkins for providing this service.



Congratulations to Heidi who passed two exams for ballet back in July. Huge well done!

Send your achievements to the admin inbox to be featured in the newsletter!

admin@gosforthpark.newcastle.sch.uk



Healthy School

If you are needing some inspiration for healthy meals and want to try some new recipes the 'Eat Like a Champ' website has provided a selection of recipes for lunch, dinner, puddings and snacks. It is an educational website aimed at year 5 and 6 but the parent section is freely available to all with downloadable recipes, hints and tips.

Follow this link to find out more:

<https://eatlikeachamp.co.uk/parents/>

Mrs Wells

Free School Meals

Dear Parents

During the summer holidays the School Admissions Team has tested and launched the Free School Meal module on the Citizen's Portal for parents.

https://www.newcastlelea.org/CitizenPortal_LIVE/en

This new way of applying for Free School Meals has advantages for parents, schools and the local authority.

- Parents find out the result of their Free School Meal application instantly
- If a parent has applied on the portal and they become eligible later, the portal will tell parents that they have become eligible
- Schools will find out the result of a parent's application sooner than if a parent applies via a paper form
- During busy times of the year, such as the lead up to School Census, Free School Meal information will be more up to date
- Applicant information only needs input once and younger children can be added to a parents claim as they reach school age (or pre-school for maintained nurseries)
- Parents of children who are new to the city can apply for FSM in the same place they are applying for a school
- The portal fully complies with GDPR requirements and parents can choose to remove their consent via the portal. They are aware of the information we hold and how it is used.

Since the beginning of August we have processed over 600 applications through the citizen portal; very few parents have had any problems with the system and feedback has been good. The admissions team usually receives 5000 FSM applications each year. A high number of FSM forms the team receives are duplicate forms and as applications for in-year admissions and free school travel are increasing so it is important we utilise this system so to process all applications we receive in a timely manner.

We have attached some guidance notes for parents who want to apply though the online portal.

So long as a student remains in a Newcastle school, the parent of that child only needs to apply for Free School Meals once during their Newcastle education.

We will continue to provide a paper form for parents to complete, but if they, or schools on their behalf, complete duplicate forms they will not receive a response as they have already given the local authority permission to check their free school meal status on an ongoing basis.

We understand not all parents will be able to use the portal, however, of the transfer applications made last year 80% were made on the portal, similarly 75% of reception applications were made online. The application for Free School Meals requires fewer steps for parents than online school applications and it is much easier to manage, add children, check their status etc.

Newcastle Admissions Team

Updated COVID Guidance

When to self-isolate

Self-isolate straight away and get a [PCR test \(a test that is sent to the lab\) on GOV.UK](#) as soon as possible if you have any of these 3 symptoms of COVID-19, even if they are mild:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You should also self-isolate straight away if:

- you've tested positive for COVID-19 – this means you have the virus
- someone you live with has symptoms or tested positive (unless you are not required to self-isolate – check below if this applies to you)
- you've been told to self-isolate following contact with someone who tested positive – [find out what to do if you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app](#)

Information:

You may need to quarantine when you arrive in England from abroad. [Check the quarantine rules when entering England on GOV.UK](#)

When you do not need to self-isolate

If someone you live with has symptoms of COVID-19, or has tested positive for COVID-19, you will not need to self-isolate if any of the following apply:

- you're fully vaccinated – this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- you're under 18 years, 6 months old
- you're taking part or have taken part in a COVID-19 vaccine trial
- you're not able to get vaccinated for medical reasons

Even if you do not have symptoms, you should still:

- get a [PCR test on GOV.UK](#) to check if you have COVID-19
- follow advice on [how to avoid catching and spreading COVID-19](#)
- consider limiting contact with [people who are at higher risk from COVID-19](#)

Tell people you've been in close contact with that you have symptoms

Tell people you've been in close contact with in the past 48 hours that you might have COVID-19.

You should tell them to follow advice on [how to avoid catching and spreading COVID-19](#).

They do not need to self-isolate unless they're contacted by the NHS Test and Trace service.

If they get any symptoms of COVID-19, they should self-isolate and get a test as soon as possible.

How to self-isolate

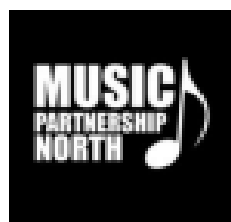
You must not leave your home if you're self-isolating.

- do not go to work, school or public places – work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home
- do not have visitors in your home, including friends and family – except for people providing essential care
- do not go out to exercise – exercise at home or in your garden, if you have one
-

How long to self-isolate

If you test positive, your self-isolation period includes the day your symptoms started (or the day you had the test, if you did not have symptoms) and the next 10 full days.

You may need to self-isolate for longer if you get symptoms while self-isolating or your symptoms do not go away.



Gosforth Voices and Gosforth Band 2021 -2022

Gosforth Voices and Gosforth Band meet regularly to rehearse and have fun making music together. We have lots of performances throughout the year, including:

- Gosforth Voices Tour 2022
- Sign Language Week 2022
- North East Festival of Languages 2022
- Newcastle Achievement Awards 2022
- Big Gig June 2022 at Northumbria Sports Central
- Pyramid Concert Summer Term 2022

Our face to face sessions start

- **September 22nd for Voices Grange First School 3.45pm - 4.45pm**
- **September 29th for Band Archibald First School 3.45pm- 4.45pm**

*Please note that due to social distancing the sessions during the Autumn term will be **limited to 30 pupils per session**.

Please ensure you have a coat as weather permitting, singing and breaks will be outside and rooms in both schools will be ventilated

👂 Gosforth Voices for year 3 and 4 pupils 👂

These sessions are for year 3 and 4 pupils that enjoying singing with others

Autumn Term 2021

22 September, 6 October, 20 October, 10 November, 24 November

Spring Term 2022

19 January, 2 February, 16 February, 9 March, 23 March

Summer Term 2022

18th May, 8th June

🎸🎸 Gosforth Band is for year 3 to year 8 pupils 🎸🎸

These sessions are open to pupils that know a few notes up to Grade 5 standard.

Autumn Term 2021

29 September, 13 October, 3 November, 17 November, 1 December

Spring Term 2022

26 January, 9 February, 2 March, 16 March, 30 March

Summer Term 2022

25 May, 15 June

Please register for your son or daughter using the link or QR code below

[Gosforth Voices and Band registration](#)



Fast! Exciting! Action-Packed! Fun!

HANDBALL



Get Active! Be Social! Meet New Friends!
Sports sessions for Boys and Girls aged 3-15

Join the VIKINGS!

Juniors (7-15)
and Mini-Vikings (3-6)
in Newcastle Wednesday evenings

Juniors Satellite Club (7-18)
also in Sunderland Monday evenings

Training sessions
Mondays and Wednesdays
– contact us now to
pre-book a taster session!



FREE
Taster
sessions!

www.newcastlehandball.co.uk



info@newcastlehandball.co.uk



Lee Sterry
sports
coaching

OCTOBER HALF TERM

For boys and girls from 4 -14 years old.

All activities Outdoors

Gosforth Academy (Football only) - 5 DAY COURSE

25th – 29th October

Cochrane Park - Multi sports (mixture of all sports each day including Mini tennis, kwik cricket ,Hockey, Dodgeball ,football, crazy golf and lots more)

25th 26th 28th 29th October – 4 day course (please note not running on the 27th October) Limited spaces, booking available now

All bookings to be made online www.ls-sc.co.uk payment through PayPal

Any information needed email us on coaching@ls-sc.co.uk or mob 07729058119