www.gosforthpark.newcastle.sch.uk

October 8th 2021 Issue 5 Autumn Term 1

Parent Consultations

We are excited to see you at parent consultation meetings next week.

To help us stay safe we ask that:

- You remain outside (next to the door your child enters on a morning) until your appointment time. A member of staff will invite you in at your allocated time (please be on time).
- Staff will remain socially distanced from you in classes
- Do not over run your appointment time as others will be waiting outside
- Children stay at home if possible, if not they can wait in the hall – please drop off/collect your child at the main office door
- Both parents can attend together

We are so excited to be able to have you in school to see our lovely classrooms and meet our wonderful staff!

Fantastic Phonics

It was so lovely to see so many of our new Reception parents in person and inside yesterday! We hope you found the session useful. Huge thanks to our wonderful EYFS staff and to our PTFA volunteers on tea and coffee duty.

PTFA

We are delighted that we are able to hold a PTFA meeting on **Wednesday 13th October** from 6:10 – 7:10pm. All of our parents are welcome to attend this meeting where we will be dicussing fundraising opportunites for the Autumn term. It's a great chance to get to know other parents and support school.

Dyslexia Awareness Week Friday 8th October 2021



Dyslexia Week is an annual event to raise awareness of dyslexia. Every year the British Dyslexia Association produces resources and share information with teachers, employers and the general public to highlight a different dyslexia related theme.

This year's theme is **invisible dyslexia**, as many people living with dyslexia feel like their struggles are unseen.

If you would like more information about dyslexia, there are some excellent websites below:

British Dyslexia Association: https://www.bdadyslexia.org.uk/

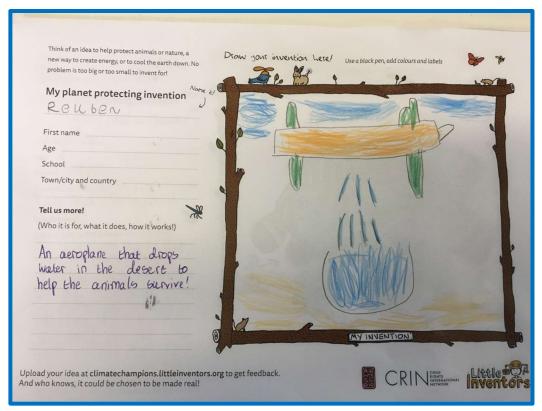
Dyslexia North East: https://dyslexiane.org.uk/

If you would like more information about our dyslexia provision at Gosforth Park First School, please take a look at 'Special Educational Needs' on our school website or contact the school office.

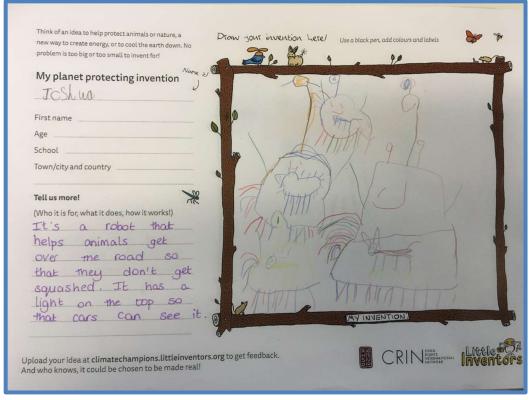
Mr Hindess

Climate Champions

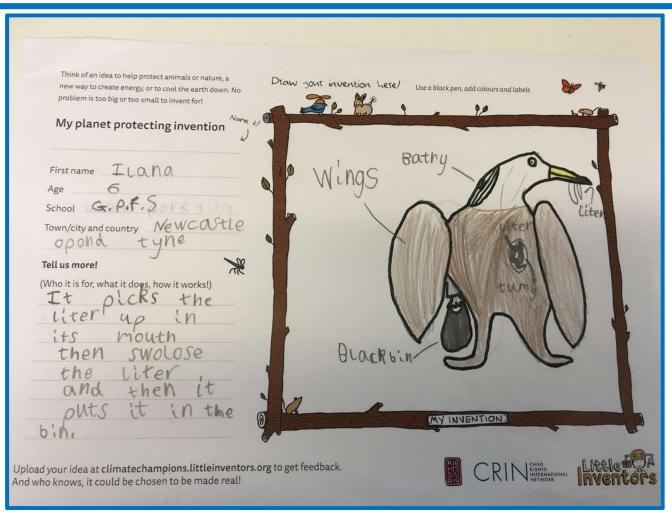
This week we have been busy inventing and designing ways to help protect our planet for the CRIN's Climate Champions competition. We have had some excellent ideas from toy-making rubbish collectors to super sun-shields to protect the ice from melting. Here are a few of the super designs! Well done to everyone and I can't wait to enter all our ideas into the competition! If you'd like to make any additional entries from home you can follow this link https://climatechampions.littleinventors.org/



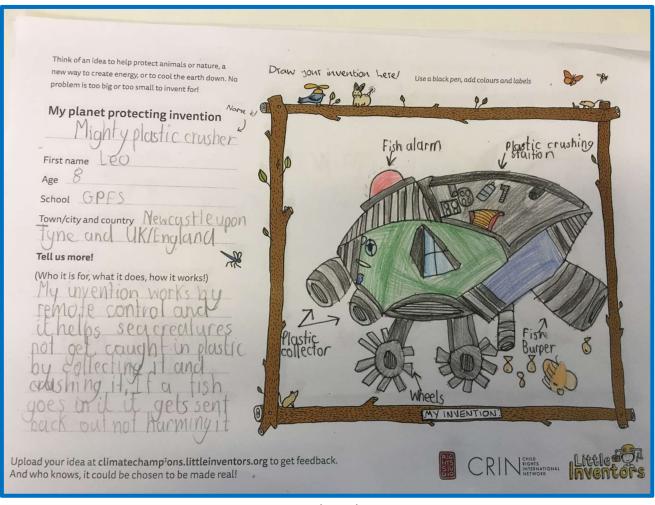
Reuben Samples, Green Class



Joshua Spedding, Orange Class



Ilana, Yellow Class



Leo, Blue Class



Poppies are now available in school for a suggested donation of $\pounds 1$. They are the stick on kind (not pins). These are available at the school office and school council members will also be taking these around classes. If you would like your child to purchase one, please send in a donation. Thanks



There is a fantastic resource online where you can download free maps of our local area and get some free walking and cycling guides. The guides are family friendly and offer inspiration for fun filled days out, following a selection of itineraries and routes across the North East. A selection are suitable for pushchairs and wheeled pedestrians too. The maps available cover our local area and beyond and they have been made interactive or can be downloaded for free. They mark out clearly the traffic free routes for both pedestrians and cyclists, cycle lanes and rights of way. It's amazing what a network we have in our area that is traffic free. Find out more at https://gosmartergoactive.co.uk/

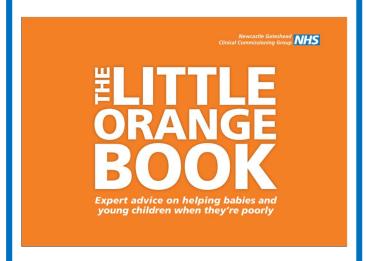
Mrs Wells

The Little Orange Book

Newcastle Gateshead Clinical Commissioning Group have updated their Little Orange Book. This is focused on acute illness in young children and helps parents and carers to recognise and then respond appropriately to a range of diseases, illness and conditions as well as signposting parents to the most appropriate service or clinician should they need further support.

You can get a copy of the Little Orange Book here:

https://newcastlegateshead.ccg.necsu.info/wpcontent/uploads/sites/12/2020/08/Little-Orange-Book.pdf



Harvest

Thank you so much for your kind donations to The People's Kitchen. Donations will be collected by The People's Kitchen on the morning of Tuesday 12th October so there's still time to donate on Monday if you haven't done so already.

Thanks

Mrs Lamb

School Crossing

From Thu 7th Oct 2021 there will no longer be a School Crossing Patrol officer on the Great North Road at the toucan crossing (traffic light) point. This is due to the post being vacant. Please cross with extra care at the crossing. We will be talking to the children in classes and assembly about how to cross safely.



Rainbow Wraparound

We still have some spaces available for October half term. If you would like a place, please contact Mrs Carrick at wraparound@gosforthpark.newcastle.sch.uk See below for details of the week's activities.

PRE-LOVED UNIFORM

If anyone has any pre-loved cardigans that they can donate, size 7/8, we would be very grateful. These can be droppped off at Kate's or at school.

PRE-LOVED ITEMS ON SALE	PRICE
OFFICIAL SCHOOL JUMPERS	£2.50
OFFICIAL SCHOOL CARIGANS	£2.50
OFFICIAL SCHOOL POLOS	£1.50
GIRLS CHECKED DRESSES	£1.50
GREY PINAFORES	£1.50
GREY SKIRTS	£0.50
GREY GIRLS SOFT TROUSERS	£0.50
SCHOOL BAG (NEW STYLE)	£2.50
SCHOOL BAG (OLD STYLE)	£1.50
OFFICIAL PE T-SHIRT/SHORTS	£0.50

Items can be dropped off at any time in bags to the door of 6 Burnside road NE3 2DU - No need to knock. Text **Kate on 07947846974** to arrange a collection.

When dropping off pre-loved clothes, please make sure that they have been washed. Huge thanks to Mrs Watkins for providing this service.



Orange class have been working super hard this week, and have our top scores in Mathletics, Yellow class are very close behind you so keep up the good work! Sahib Singh Dhaliwal, Elisaveta Miladinova and Brooke Higgins have been learning lots on Mathletics this week too — how fantastic!



I'm very impressed with Violet class, particularly Oliver Fagandini, Aleks Cala and Hania Pervez. Lots of you trying hard to improve your times tables at home – fantastic work!

© ©

Oxford Reading Buddy

Brooke Higgins in Reception Miss Coughlan is our Oxford Reading Buddy this week - very well done!

Jam Jars

Rainbow Wraparound would really appreciate any clean jam jars you might have at home for one of their October Half Term craft activities. If you can help, please drop these at the school office.

Many thanks Mrs Dodds

Updated COVID Guidance

When to self-isolate

Self-isolate straight away and get a <u>PCR test (a test that is sent to the lab) on GOV.UK</u> as soon as possible if you have any of these 3 symptoms of COVID-19, even if they are mild:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You should also self-isolate straight away if:

- you've tested positive for COVID-19 this means you have the virus
- someone you live with has symptoms or tested positive (unless you are not required to self-isolate check below if this applies to you)
- you've been told to self-isolate following contact with someone who tested positive <u>find out what to do if</u> you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app

Information

You may need to quarantine when you arrive in England from abroad. <u>Check the quarantine rules when</u> entering England on GOV.UK

When you do not need to self-isolate

If someone you live with has symptoms of COVID-19, or has tested positive for COVID-19, you will not need to self-isolate if any of the following apply:

- you're fully vaccinated this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- you're under 18 years, 6 months old
- you're taking part or have taken part in a COVID-19 vaccine trial
- you're not able to get vaccinated for medical reasons

Even if you do not have symptoms, you should still:

- get a <u>PCR test on GOV.UK</u> to check if you have COVID-19
- follow advice on <u>how to avoid catching and spreading COVID-19</u>
- consider limiting contact with people who are at higher risk from COVID-19

Tell people you've been in close contact with that you have symptoms

Tell people you've been in close contact with in the past 48 hours that you might have COVID-19. You should tell them to follow advice on how to avoid catching and spreading COVID-19.

They do not need to self-isolate unless they're contacted by the NHS Test and Trace service.

If they get any symptoms of COVID-19, they should self-isolate and get a test as soon as possible.

How to self-isolate

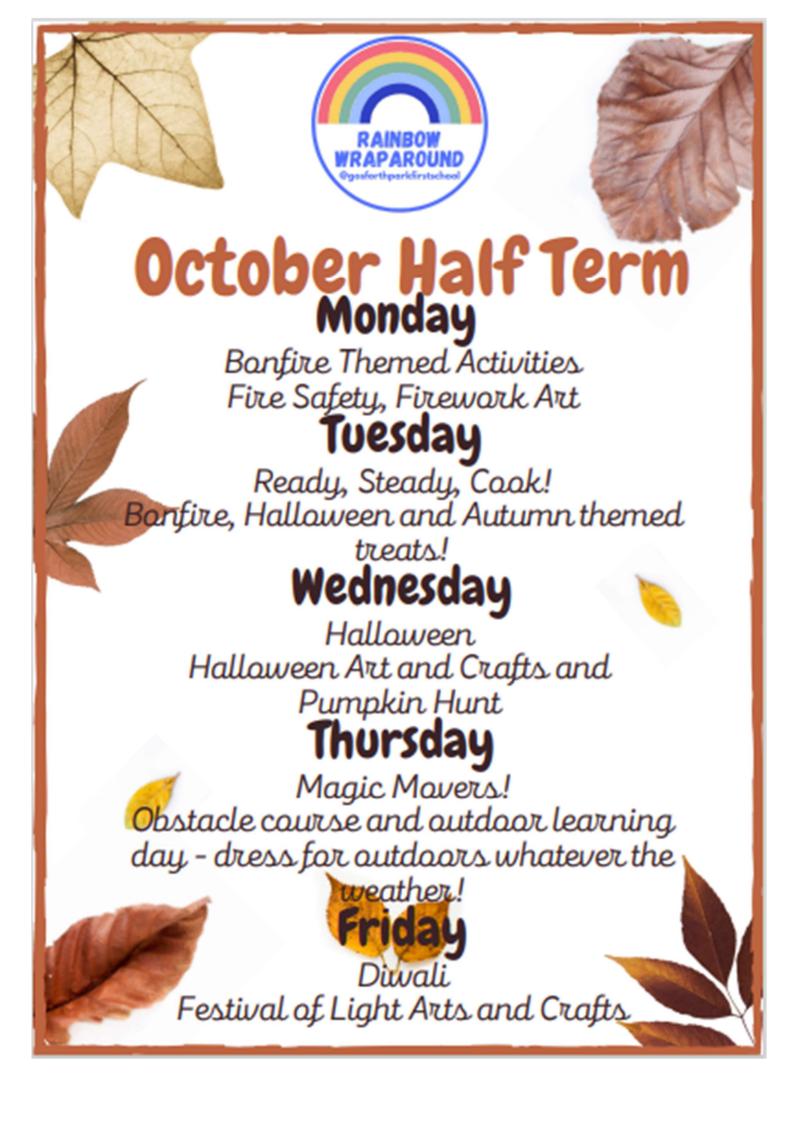
You must not leave your home if you're self-isolating.

- do not go to work, school or public places work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine order it online or by phone, or ask someone to bring it to your home
- do not have visitors in your home, including friends and family except for people providing essential care
- do not go out to exercise exercise at home or in your garden, if you have one

How long to self-isolate

If you test positive, your self-isolation period includes the day your symptoms started (or the day you had the test, if you did not have symptoms) and the next 10 full days.

You may need to self-isolate for longer if you get symptoms while self-isolating or your symptoms do not go away.





FUN HANDBALL FOR KIDS FROM

6-13 YEARS

Where: Benfield Centre For Sporting

Excellence

When: 30th October

& 20th November

12:00 - 14.00









OCTOBER HALF TERM

For boys and girls from 4-14 years old.

All activities Outdoors

Gosforth Academy (Football only) - 5 DAY COURSE

25th - 29th October

Cochrane Park - Multi sports (mixture of all sports each day including Mini tennis, kwik cricket ,Hockey, Dodgeball ,football, crazy golf and lots more) 25th 26th 28th 29th October – 4 day course (please note not running on the 27th October) Limited spaces, booking available now

All bookings to be made online www.ls-sc.co.uk payment through PayPal

Any information needed email us on coaching@ls-sc.co.uk or mob 07729058119