



Gosforth Park First School

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GPFS Sex and Relationship Education Policy

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Document	Version	Date	Author	Change Description
GP-PO-005	02	23/10/2019	Leanne Lamb	Paragraph inserted explaining change in regulations from September 2020 and GPFS's intention to consult with parents this academic year.
GP-PO-005	02	23/10/2018	Leanne Lamb	Reviewed by Standards and Curriculum Committee – no changes made
GP-PO-005	01	07/03/2017	Leanne Lamb	Document release in QMS format



Relationships education, relationships and sex education (RSE) and health education

Following new regulations, all schools in England will be required to have regard to the statutory guidance on Relationships Education and RSE, and all state funded schools in England will be required to have regard to the statutory guidance on Health Education. In accordance with the new requirements which will be mandatory from September 2020, we will review and update our policy, in consultation with parents, during the 2019/2020 academic year.

Our vision

At Gosforth Park we aim to educate the whole child and to ensure children are happy, healthy and fulfil their potential in terms of the development of skills for life, social and moral values and academic success.

At Gosforth Park First School we believe that effective Sex and Relationship Education (SRE) is essential if our pupils, as they grow, are able to make responsible and well informed decisions about their lives. SRE is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of loving and caring relationships.

Explicit Sex Education, where puberty and sexual issues are taught, will begin in the middle years. During the first school years, we present SRE as part of the Personal, Social, Health Education (PSHE) element of the curriculum. This enables us to present SRE as part of a child's full and rounded development.

Policy Aims

The aim of SRE is to provide children with age appropriate information, explore attitudes and values, and develop skills in order to help them to make positive decisions about their health-related behaviour. The SRE policy has the following aims:

- To provide the knowledge and information to which all pupils are entitled;
- To raise pupils' self-esteem and confidence, especially in their relationships with others;
- To help pupils to develop skills and to make the most of their abilities;
- To develop pupils' understanding of the importance of a healthier safer lifestyle;
- To provide a description of how SRE is delivered, monitored and evaluated in the school;
- To help pupils learn to respect and care for their bodies and
- To help pupils, parents and carers learn **how** to gain access to information and support.

Values Framework

All those who teach aspects of SRE within school, including visitors, are expected to be guided by the following values framework which represents the values held in common by the whole school community. The teaching of SRE will encourage pupils to:

- Value and respect themselves;



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- Value and respect others and
- Value and respect differences in people's religion, culture, sexual orientation, physical and mental ability and social background.

The personal beliefs and attitudes of teachers will not influence the teaching of SRE in this school.

The teaching programme for Sex and Relationship Education Legal Requirements

We teach the following as part of the statutory National Curriculum for Science. Parents do not have the right to withdraw their child/children from statutory coverage.

The National Curriculum Science Curriculum coverage is as follows:

Key Stage 1 (Years 1 and 2)

- that animals including humans, move, feed, grow, use their senses and reproduce.
- to recognise and compare the main external parts of the bodies of animals, including humans.
- that humans and animals can reproduce offspring and these grow into adults.
- to recognise similarities and differences between themselves and others.
- treat others with sensitivity.

Lower Key Stage 2 (Years 3 and 4)

- that the life processes common to humans and other animals include nutrition, growth and reproduction.
- about the main stages of the human life cycle.

Learning Outcomes for SRE within the School

In addition to the National Curriculum, Gosforth Park First School also covers the following in each key stage:

Learning Outcomes for SRE within the School

By the end of Key Stage 1, pupils will have had opportunities to gain knowledge and skills necessary to build and maintain healthy relationships. They will have considered the effect of their behaviour on other people and identify and respect differences between people. They will also have discussed different ways in which family and friends care for one another. They will be able to explain ways of keeping clean and they will be able to name the main external parts of the human body, including the sexual organs: penis and vagina. They will also be able to explain that people grow from young to old.

By the end of the 4 years in Key Stage 2 (2 years of which the children will attend Middle School), pupils will have had the opportunity to express their views and respect those of others. They will have practiced skills in making judgements and decisions, and will be able to list some ways of resisting negative peer pressure around issues affecting their health and wellbeing. They will also have considered different types of relationship (*for example, marriage or friendships*), and discussed ways in which people can maintain good



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relationships (*for example, listening, supporting, caring*). The SRE element of the curriculum will be covered whilst the children attend Middle School.

The following learning outcomes are taken from *OFSTED Sex and Relationships*, OfSTED (2000) and guide the teaching of SRE in this school, alongside the PSHE Association Curriculum (guidance 2016).

By the end of Key Stage 1

Pupils will be able to:

- recognise and compare the main external parts of the bodies of humans*
- recognise similarities and differences between themselves and others and treat others with sensitivity*
- identify and share their feelings with others
- recognise safe and unsafe situations
- identify and be able to talk with someone they trust
- be aware that their feelings and actions have an impact on others
- make a friend, talk with them and share feelings
- use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk.

Pupils will know and understand:

- that animals, including humans, grow and reproduce*
- that humans and animals can produce offspring and these grow into adults*
- the basic rules for keeping themselves safe and healthy
- about safe places to play and safe people to be with
- the needs of babies and young people
- ways in which they are like and different from others that they have some control over their actions and bodies
- the names of the main external parts of the body including agreed names for sexual parts
- why families are special for caring and sharing.

Pupils will have considered:

- why families are special
 - the similarities and differences between people
 - how their feelings and actions have an impact on other people.
- (*relates to SRE)

By the end of Key Stage 2

Pupils will be able to:

- express opinions, for example, about relationships and bullying
- listen to, and support others
- respect other people's viewpoints and beliefs

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- recognise their changing emotions with friends and family and be able to express their feelings positively
- identify adults they can trust and who they can ask for help
- be self-confident in a wide range of new situations, such as seeking new friends
- form opinions that they can articulate to a variety of audiences
- recognise their own worth and identify positive things about themselves
- balance the stresses of life in order to promote both their own mental health and well-being and that of others
- see things from other people's viewpoints, for example their parents and their carers
- discuss moral questions
- listen to, support their friends and manage friendship problems
- recognise and challenge stereotypes, for example in relation to gender recognise the pressure of unwanted physical contact, and know ways of resisting it.

Pupils will know and understand:

- that the life processes common to humans and other animals include growth and reproduction*
- about the main stages of the human life cycle*
- begin to know some of the physical changes that take place during puberty, why they happen and how to manage them i.e. personal hygiene routines.
- the many relationships in which they are all involved
- where individual families and groups can find help
- how the media impact on forming attitudes
- about keeping themselves safe when involved with risky activities
- that their actions have consequences and be able to anticipate the results of them
- about different forms of bullying people and the feelings of both bullies and victims
- why being different can provoke bullying and know why this is unacceptable
- about, and accept, a wide range of different family arrangements, for example second marriages, single sex parenting, fostering, extended families and three or more generations living together.

Pupils will have considered:

- the diversity of lifestyles
- others' points of view, including their parents' or carers
- why being different can provoke bullying and why this is unacceptable
- when it is appropriate to take a risk and when to say no and seek help
- the diversity of values and customs in the school and in the community
- the need for trust and love in established relationships.

(*relates to SRE)

The Organisation of SRE

The organisation of Sex and Relationship Education

The headteacher is the designated teacher with responsibility for coordinating sex and relationship education.



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Sex and relationship education is delivered through science, RE, PSHE, literacy activities, circle and reflection times. Sex and relationship education is taught by classroom teachers, teaching assistants and if appropriate, outside visitors such as the school nurse.

Use of visitors

'Visitors should complement but never substitute or replace planned provision. It is the PSHE co-ordinator's and teacher's responsibility to plan the curriculum and lessons.'

Sex and Relationship Guidance DfEE 0116/2000 P 29 6.11

A range of teaching methods which involve children's full participation are used to teach sex and relationship education. These include use of media clips, discussion, drama and role-play. Sex and relationship education is usually delivered in mixed gender groups.

Visitors to school, such as parents/carers, health professionals and members of voluntary organisations, may be invited to plan and contribute to SRE lessons. They will be given a copy of this policy and will be expected to work within the values framework described within. The PSHE co-ordinators will ensure that the visitors' contributions to lessons are in line with the learning outcomes of the school's SRE programme. A teacher will be present during the lesson.

Terminology

OfSTED guidance recommends that it is important for children to learn the language associated with body parts so that children are able to talk to health professionals. Therefore, teachers will use the anatomically correct language for body parts, while acknowledging common terms used by some people. Correct language for body parts will be gradually introduced from Year 1.

Dealing with Difficult Questions

Ground rules are essential to provide an agreed structure to answering sensitive or difficult questions. This framework facilitates the use of an anonymous question box as a distancing technique.

Teachers will endeavour to answer questions as honestly as possible, but if faced with a question they do not feel comfortable answering within the classroom, provision would be made to meet the individual child's needs. This may involve referring the child back to their parent/carer, school health advisor/school nurse or young person's health drop-in service for an answer, or seeking advice from the PSHE co-ordinators. At Gosforth Park First School, questions relating to specific sex education issues will be referred back to families.

Children with Special Needs

Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of SRE.

Monitoring and Evaluation of SRE

The PSHE co-ordinator and Deputy Head Teacher collect evidence for the monitoring and evaluation of the SRE programme by means of lesson observations, monitoring lesson plans and gathering feedback from teachers and pupils. Feedback is obtained through group discussion and/or feedback forms. Any staff



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development needs will also be identified. This will be communicated to the link governor for SRE/PSHCE. SRE information will be included in the induction programme for all new members of staff.

Liaison with Feeder Schools

Annual pyramid meetings allow liaison to ensure effective progression in SRE over transition. Policies are shared with feeder Middle Schools and they take responsibility for the specific sex education aspect of SRE.

Equal Opportunities

Every child is entitled to receive SRE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language special needs or disadvantage. It is our intention all children have the opportunity to experience a programme of SRE at a level which is appropriate for their age and physical development with differentiated provision if required.

Objective discussion about the diversity of personal, social and sexual preference in relationships will take place in SRE and prejudiced views will be challenged in order to encourage tolerance. Any bullying around sexual behaviour or perceived sexual orientation arising from this prejudice will be dealt with as a serious matter. This is particularly relevant to Middle and High schools. These issues are not part of the taught SRE curriculum at Gosforth Park First School.

Safeguarding/Confidentiality

Teachers need to be aware that effective SRE, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue. Under common law, young people are entitled to the same duty of confidence as adults. Personal information about them should not be shared without their permission except for the purposes of child protection. There may be rare occasions when a child under the age of thirteen who is sexually active directly approaches a teacher. This should be viewed as a child protection issue and procedures should be followed as outlined in the schools Safeguarding Policy.

Policy Development, Dissemination and Review Process

This policy was drafted by the DHT, PSHE co-ordinator in consultation with the SEN co-ordinator, parent/carer representatives and governor representatives. Parents/carers were given the opportunity to discuss the draft policy as part of a Parent Voice group. Teaching and non-teaching staff have had the opportunity to review and contribute to the policy. The policy was then ratified by the governing body.

Reviewed by the Governing Body 14th October 2019

To be reviewed Summer 2020 following consultation.