



www.gosforthpark.newcastle.sch.uk

November 19th 2021 Issue 3 Autumn Term 2



Wow, what a fantastic Children in Need day we have had!



We would like to say a huge Gosforth Park thank you to all of our wonderful families for raising a massive **£228** for Children in Need so far this year. As well as a big thank you to Michelle from Asda for arranging a surprise visit from Pudsey the bear!



Odd Socks Day

We had great fun on Monday showing off our funkiest odd socks to raise awareness for Anti-Bullying week. Below are just a few of the best sock combinations that we could find.

This week, children have been learning about spreading kindness and how saying just *one kind word* really can help to put a smile on someone's face.



School Photographer

Our wonderful school photographer will be back on **Wednesday 24th November** to take photos of anyone who missed out last time due to absence.

Thanks, Mrs Carrick

Christmas Events

Please see below provisional dates for Class Christmas Assemblies. We are restricting these events to two adults per family to limit the number of visitors on site. We will let you know nearer the time if these are able to go ahead depending on both the local and in school COVID infection rate. If events are able to go ahead, we will have the following measures in place:

- Do not attend if symptomatic or you feel unwell for any reason, including with other respiratory infections
- You must not attend if you have returned a positive LFD or PCR test.
- Take a lateral flow device test on the day of the visit and only attend if your result is negative
- Only two adults per child admitted
- A one way system with designated entry and exit points
- Wear a face covering unless exempt
- We will not be able to serve teas/coffees but you are welcome to bring your own in a lidded cup

Tuesday 14th December

Nursery: 9:15 arrival for a 9:30 start. 10:00 finish

Reception Miss Coughlan: 10:30 arrival for a 10:45 start. 11:15 finish

Reception Mrs McClurg: 2:15 arrival for a 2:30 start. 3:00 finish

Wednesday 15th December

Green Class: 9:15 arrival for a 9:30 start. 10:00 finish

Orange Class: 10:30 arrival for a 10:45 start. 11:15 finish

Yellow Class: 2:15 arrival for a 2:30 start. 3:00 finish

Thursday 16th December

Indigo Class: 9:15 arrival for a 9:30 start. 10:00 finish

Violet Class: 10:30 arrival for a 10:45 start. 11:15 finish

Blue Class: 2:15 arrival for a 2:30 start. 3:00 finish

Friday 17th December

Nursery: 9:15 arrival for a 9:30 start. 10:00 finish

*Nursery parents can only attend one of the two assemblies on the day their child usually attends. For those who attend on Monday and Fridays, please let Miss Gasper know your preferred date.

We are looking forward to our theatre trip on **Thursday 9th December** when children from Reception to Year 4 will be going to see Beauty and the Beast at The Exchange in North Shields. We have the whole downstairs of the theatre booked out and children will be seated in their Key Stages. If you haven't done so already, please contribute and give consent via Parent Pay. Thank you to all of those who have volunteered to help out on the day - we will be in touch soon to confirm arrangements.

Christmas Dinner day will be on **Wednesday 15th December**. Children can wear Christmas jumpers, hats and headbands on this day. If your child does not usually have a hot meal, but you would like your child to have a school Christmas Dinner on this day, please let the office know by Tuesday 30th November so that the cook can place orders.

Santa Dash Daily Mile on **Wednesday 15th December** children will already be wearing their Christmas Jumpers and we also invite them to wear trainers and Santa hats for a festive-themed mile run to work up a big appetite for Christmas Dinner.

Christmas parties will be held during the school day for all children on **Friday 17th December**. Children can come to school in party clothes (please remember appropriate footwear and outerwear for playtimes and lunchtime)



Huge thanks to our wonderful PTFA who have been working hard behind the scenes to arrange some festive events and surprises for the children.

Please see further information below for details and keep an eye out on parent pay for details of permission and how to book/order. Dates for your diary:

Christmas Nights

- Monday 6th December KS2 3:00–4:30pm
- Tuesday 7th December KS1 3:00–4:30pm
- Wednesday 8th December Reception 3:00 – 4:30pm

KS1 Road Safety

Key Stage One took part in an important road safety session on Thursday. We spoke about our local area and identified places where we could cross the road safely and areas where we need to take extra care.



If you would like to talk to your children about road safety there are some excellent games and videos online at:
<https://www.think.gov.uk/education-resources/>



Newcastle Vikings

Handball Club Est. 2012

Newcastle Vikings Handball Club is running a free fun handball event for children on Saturday 20th November from 12-2pm at Benfield Centre for Sporting Excellence. Children from the age 6-13 (from year 1 to year 7) can come and give handball a go. Please fill in some information on this link to sign up:

https://docs.google.com/forms/d/e/1FAIpQLSc-6zL6pqEla_93boH92wWKHnV-UA04KtHDhjj_Gto82Ge1Uw/viewform

Address:

Benfield Centre for Sporting Excellence
Benfield Road, Newcastle Upon Tyne, NE6 4NU

We hope to see you there.

And feel free to spread the word and invite other families with children in the same age group along. Please see the poster below.

Many thanks on behalf of Newcastle Vikings
Marlen Slinning Goulty

KS2 Healthy Active Lifestyle Event



Key Stage Two had a brilliant time on Tuesday when they took part in a healthy active lifestyle event.

The children participated in a range of activities to promote the importance of keeping fit and healthy!

Miss Walsh



Healthy School

Breakfast time can be pretty hectic but it's important to get the day off to a good start by providing a filling, nutritious breakfast. With minimal effort we can add a healthy boost to this meal through simply adding some fruit to cereal or toast. Sliced or mashed banana goes with most things, grated apple or pear goes well on top of porridge or try defrosted frozen berries added to yoghurt with a sprinkling of cereal on top. Perhaps with a little more time at the weekend you may like to branch out and add even more variety with some alternative ideas for a healthy breakfast. There are plenty of healthy recipes on the following link:

<https://www.nhs.uk/change4life/recipes/breakfast>

Mrs Wells



Well done to **Louie** and **Frankie** who have passed their Core Skills 1 in gymnastics which includes bars, beams, springboard and floor work. They go every Sunday and passed in just 3 weeks!



Mathletics

This week our highest scoring class are Yellow Class – well done everyone!

Sahib Singh Dhaliwal, Matthew Cross and **Nihal Singh Dhaliwal** have been working so hard and have made the most points – how fantastic to see two Reception children trying so hard on Mathletics!



Sahib Singh Dhaliwal, Kunal Arora and **William Gibbins** have all been working so well on Times Table Rockstars this week – amazing work!



Oxford Reading Buddy

Our Oxford Reading Buddy this week is **Jacob Mancini**. Well done Jacob!

Attendance

Our class of the week this week with **98.9%** attendance is **Blue Class**.

Our whole school attendance is the same as last week **96.5%**.

Think COVID First

Please remember not to attend school if your child had COVID symptoms or feeling unwell for any reason. Whilst the key symptoms of COVID remain a new continuous cough, or a loss of sense of taste or smell or a high temperature, these symptoms do not always present in each case, so it remains important to take a 'Think COVID first' approach at all times. Please follow basic infection, prevention and control practice: Do not attend the school/workplace if unwell, particularly with respiratory symptoms, even if a negative PCR test result is returned. Many respiratory conditions are infectious.

Updated COVID Guidance

When to self-isolate

Self-isolate straight away and get a [PCR test \(a test that is sent to the lab\) on GOV.UK](#) as soon as possible if you have any of these 3 symptoms of COVID-19, even if they are mild:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You should also self-isolate straight away if:

- you've tested positive for COVID-19 – this means you have the virus
- someone you live with has symptoms or tested positive (unless you are not required to self-isolate – check below if this applies to you)
- you've been told to self-isolate following contact with someone who tested positive – [find out what to do if you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app](#)

Information:

You may need to quarantine when you arrive in England from abroad. [Check the quarantine rules when entering England on GOV.UK](#)

When you do not need to self-isolate

If someone you live with has symptoms of COVID-19, or has tested positive for COVID-19, you will not need to self-isolate if any of the following apply:

- you're fully vaccinated – this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- you're under 18 years, 6 months old
- you're taking part or have taken part in a COVID-19 vaccine trial
- you're not able to get vaccinated for medical reasons

Even if you do not have symptoms, you should still:

- get a [PCR test on GOV.UK](#) to check if you have COVID-19
- follow advice on [how to avoid catching and spreading COVID-19](#)
- consider limiting contact with [people who are at higher risk from COVID-19](#)

Tell people you've been in close contact with that you have symptoms

Tell people you've been in close contact with in the past 48 hours that you might have COVID-19.

You should tell them to follow advice on [how to avoid catching and spreading COVID-19](#).

They do not need to self-isolate unless they're contacted by the NHS Test and Trace service.

If they get any symptoms of COVID-19, they should self-isolate and get a test as soon as possible.

How to self-isolate

You must not leave your home if you're self-isolating.

- do not go to work, school or public places – work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home
- do not have visitors in your home, including friends and family – except for people providing essential care
- do not go out to exercise – exercise at home or in your garden, if you have one
-

How long to self-isolate

If you test positive, your self-isolation period includes the day your symptoms started (or the day you had the test, if you did not have symptoms) and the next 10 full days.

You may need to self-isolate for longer if you get symptoms while self-isolating or your symptoms do not go away.

TESCO Bags of Help
presents



Kids get Active
FREE HANDBALL

**FUN HANDBALL FOR KIDS FROM
6-13 YEARS**

Where: Benfield Centre For Sporting
Excellence

When: 30th October
& 20th November
12:00 - 14.00



**Book now to secure a place by scanning QR
code or emailing info@newcastlehandball.co.uk**

The Tyne Bar

Christmas Fair

SATURDAY 27 NOVEMBER
FROM 12PM

Choirs and kids' choir
Cocktail bar
Unique gifts
Cakes
Jewellery
Artisan bakery

Crepes
Pizzas & Pastries
Vintage clothes
Pottery by Kiln
Charity stalls
Gifts for pooches

Tombola
Sweets
Mulled wine
Luxury hot choc
Art prints & cards
...and more


www.StarStrikeSoccer.co.uk


Christmas  Soccer  Camp
21st to 23rd Dec Ages 4 to 12
Girls and Boys welcome. 9.15
- 3.30. £15.00 per day.
£40.00. for 3 days.

VENUE: BLUE FLAMES SPORTS CLUB
NE12 9SF. FANTASTIC INDOOR VENUE!
FREE MEDAL  FOR ALL CHILDREN.
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