www.gosforthpark.newcastle.sch.uk

December 3rd 2021 Issue 5 Autumn Term 2

## Important Message to Parents

In the lead up to Christmas, we are trying to ensure that our children experience as much joy and normality as possible as well as keeping all of our community safe.

Please be reminded that your child must **not attend school** if they have COVID symptoms or are feeling unwell for any other reason. Please consider our school community before sending your symptomatic child to school.

Whilst the key symptoms of COVID remain a new continuous cough, or a loss of sense of taste or smell or a high temperature, these symptoms do not always present in each case, so it is remains important to take a 'Think COVID first' approach at all times.

Although current government guidelines are clear that non-symptomatic children are allowed to attend school while awaiting PCR results, we would ask you to **please carefully consider this decision**- especially if your child has a close family member who is positive.

Thank you for your continued support.

Mrs Lamb

## **COVID-19 Protective Measures Review**

Our COVID-19 case numbers have seen a decline over the last 10 school days. We have reviewed our protective measures with Newcastle Public Health and agreed that our current actions are having a positive impact and should be maintained for a **further 10 school days** (taking us into the school holiday):

- Staff will be wearing face coverings in corridors and communal areas, including on the doors when greeting children in the morning
- We will be limiting the mixing of children within school and therefore;
  - ✓ Children will be separated into 'bubbles' on the playground
  - $\checkmark$  Non-essential lunchtime and after school clubs will be paused
  - ✓ Children will remain with their own classes for lessons and assemblies
  - ✓ Assemblies will be virtual
  - ✓ Children attending Rainbow Wraparound will be separated into 'bubbles' and spaced out in a large, well-ventilated area
  - ✓ Children in KS1 and KS2 will be seated in forward facing rows
- Additional hand sanitising / hand washing for children throughout the school day

## Christmas Movie Nights

Please confirm on **ParentPay** if you would like your child to attend:

Monday 6<sup>th</sup> December KS2 3:00–4:30pm



• Tuesday 7<sup>th</sup> December **KS1** 3:00–4:30pm



 Wednesday 8<sup>th</sup> December Reception 3:00 – 4:30pm



**COVID-19 Risk Assessment:** your child can remain with their classmates in their usual well-ventilated classroom with their teacher.

Everyone attending will enjoy a bottle of juice, popcorn and other treats to gobble while watching their movie.

If your child is not staying, please pick them up at the usual time from their normal exit doors

Thank you! PTFA



## Theatre Trip

Please confirm on **ParentPay** if you would like your child to attend:



On **Thursday 9<sup>th</sup> December,** we will be taking all of our children (Reception to Year 4) to the Exchange Theatre in North Shields to see Beauty and the Beast!

#### **COVID-19 Risk Assessment:**

Only **school staff** will attend the performance. Sorry to everyone who volunteered to give up their time to help.

### Coach

- Adult face coverings on coaches
- Key Phase bubbles on coaches (children sat with normal classes)
- **Optional** child face coverings on coaches. Please send your child to school with a facemask if you would like them to wear one on the coach.

#### In Theatre

- Gosforth Park have hired the whole theatre. There will be no other adults or children attending our performance.
- Children will be spread out in the theatre into class bubbles.
- Additional sanitising upon arrival and leaving the theatre.

Children remaining at school will be spread out into bubbles in the hall and complete some fun, festive activities.



# Emergency Christmas Eve Bags!

We are now taking orders via ParentPay for our exciting Emergency Christmas Eve Bags including everything you need for some festive family fun this Christmas!

- Reindeer Food
- Hot Chocolate
- Cookie Mix
- Make-your-own Decoration Kit



If you have ordered a bag, these will be ready to collect on Monday 6<sup>th</sup> December (before and after school) from a table manned by our lovely PTFA members. There will also be some extra bags available for purchase!

All proceeds from the PTFA are used to help fund school projects and purchase important resources for our children.

Many thanks PTFA

## **Bring a Decoration!**

Our school councillors had a very special job on Thursday morning! They wrapped up warm and trudged through the snow to Northern Rugby Club to pick up our beautiful Christmas tree.





We would like to invite all of our children to **bring in a named decoration** to put on our Christmas tree next week!

Many thanks, Miss Coughlan





Still thinking about puddings this week, sometimes there's no getting away from the fact that our favourite dessert recipes are pretty unhealthy and we save them for an occasional treat or special occasion. There are some recipes that can be adapted to be a little less unhealthy or even good for you, it just takes a little searching to find alternatives. Two websites with adapted recipes include https://www.heartuk.org.uk/tasty-recipes/desserts and

https://www.deliciousmagazine.co.uk/low-fat-puddings/ Enjoy!
Mrs Well



A massive well done to Dax and Vesper Farrer who both travelled to Silverstone to receive their Karting Championship trophies at the weekend!





**Indigo class** are our 'Mathletes of the Week' – amazing work all of you!

Sahib Singh Dhaliwal, Ella Sinclair, Marlee Davy and Ava Underhay have earned fantastic points scores this week well done!



Hania Pervez has now made it to the top of the charts with her studio speed — you're working so hard Hania, well done! Finn Walker and Oliver Fagandini are also doing amazingly well too — excellent work everyone!

# Oxford Reading Buddy

Reception are continuing to top the leader board for reading this week! This week's Oxford Reading Buddies are Darcy Cameron and Matthew Cross, well done and keep up the good work!

## **Attendance**

Our class of the week this week with 93.5% attendance is Blue Class!
Our whole school attendance for the week is 91.6%

Please remember that we are unable to authorise any holiday absences.

## Updated COVID Guidance

## When to self-isolate

Self-isolate straight away and get a <u>PCR test (a test that is sent to the lab) on GOV.UK</u> as soon as possible if you have any of these 3 symptoms of COVID-19, even if they are mild:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You should also self-isolate straight away if:

- you've tested positive for COVID-19 this means you have the virus
- someone you live with has symptoms or tested positive (unless you are not required to self-isolate check below if this applies to you)
- you've been told to self-isolate following contact with someone who tested positive <u>find out what to do if</u> you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app

#### Information:

You may need to quarantine when you arrive in England from abroad. <u>Check the quarantine rules when</u> entering England on GOV.UK

## When you do not need to self-isolate

If someone you live with has symptoms of COVID-19, or has tested positive for COVID-19, you will not need to self-isolate if any of the following apply:

- you're fully vaccinated this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- you're under 18 years, 6 months old
- you're taking part or have taken part in a COVID-19 vaccine trial
- you're not able to get vaccinated for medical reasons

Even if you do not have symptoms, you should still:

- get a PCR test on GOV.UK to check if you have COVID-19
- follow advice on how to avoid catching and spreading COVID-19
- consider limiting contact with people who are at higher risk from COVID-19

# Tell people you've been in close contact with that you have symptoms

Tell people you've been in close contact with in the past 48 hours that you might have COVID-19. You should tell them to follow advice on how to avoid catching and spreading COVID-19. They do not need to self-isolate unless they're contacted by the NHS Test and Trace service. If they get any symptoms of COVID-19, they should self-isolate and get a test as soon as possible.

## How to self-isolate

You must not leave your home if you're self-isolating.

- do not go to work, school or public places work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine order it online or by phone, or ask someone to bring it to your home
- do not have visitors in your home, including friends and family except for people providing essential care
- do not go out to exercise exercise at home or in your garden, if you have one



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# WINTER

with



FAMILY-FRIENDLY. FREE. BOOKING REQUIRED.

Dec 18th 11:00am - 1:00pm Tyne Hall at the Trinity Centre, Gosforth

email popupchoirs@gmail.com to book your free place

www.popupchoirs.com

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