



Roots of Empathy  
Racines de l'empathie

## Are you a proud parent with a new baby? Will your baby be 2 – 4 months old in October?



You and your baby could be a Roots of Empathy Family.

Roots of Empathy is a program for primary school children. The program's aim is to increase empathy - the ability to understand how another person feels.

Children learn to care for and respect each other, and there is less bullying and aggression.

Be a Roots of Empathy Family.

- A baby with one or both parents visits a local classroom over the course of a school year with a Roots of Empathy Instructor.
- The visits are about 30 minutes long, once a month starting in October.
- The program helps children to learn about a baby's needs and how babies develop and lets children observe the loving relationship between a parent and baby.
- Babies must be between 2 and 4 months old in October.

*"Roots of Empathy is about changing the world, child by child."*

- Mary Gordon, Founder/President

**For more information please contact:**

Miss Cogdon

