



# Sports Week 2019

Friday 21<sup>st</sup> June 2019

Dear Parent/ Carer,

Monday 1<sup>st</sup> July sees the start of Gosforth Park's 'Sports Week'. We are hoping to get even more active this year and you are all invited to help!

From Monday 1<sup>st</sup> July – Friday 5<sup>th</sup> July the children can wear sports clothes and trainers to school. This can be their P.E. kit or other active wear (NO football tops).

'Wake Up Shake Up' will take place every morning on the yard at 8:55am before the children go to their classes. We would like as many parents and carers to join in as possible!

We are encouraging all children and parents to become active when travelling to school; by walking, cycling, scooting, roller skating etc.

The children will also be taking part in 'The Daily Mile', class sporting activities and activities relating to promoting a love of lifelong exercise and a healthy diet. We want all of our children to be active, happy and healthy!

Activities for the week:

Day	Activity	Class and Time	Sports Afternoon
Monday 1 <sup>st</sup> July	Hoopstarz	<ul style="list-style-type: none"><li>• 9:10 – 9:40 ~ Blue</li><li>• 9:40-10:10 ~ Violet</li><li>• 10:10 – 10:40 ~ AM Nursery</li><li>• 10:50 – 11:20 ~ Yellow</li><li>• 1:15 – 1:55 ~ Orange</li><li>• 1:55 – 2:25 PM Nursery</li><li>• 2:25 – 3:10 ~ Reception – Miss Walsh</li></ul>	Key Stage 2 Sports Day Afternoon 1:30pm start.
Tuesday 2 <sup>nd</sup> July	Handball	<ul style="list-style-type: none"><li>• 9:10-9:40 ~ Yellow</li><li>• 9:40-10:10 ~ Orange</li><li>• 10:10-10:40 ~ Reception – Miss Walsh</li><li>• 10:50-11:20~ Green</li><li>• 11:20-11:50 ~ Reception – Miss Coughlan</li><li>• 1:15-1:55 ~ Blue</li><li>• 1:55-2:35 ~ Violet</li><li>• 2:35-3:15 ~ Indigo</li></ul>	Key Stage 1 Sports Day Afternoon 1:30pm start.

Wednesday 3 <sup>rd</sup> July	Hoopstarz	<ul style="list-style-type: none"> <li>• 9:10-9:40 ~ Green</li> <li>• 9:40-10:10 ~ Indigo</li> <li>• 10:10-10:40 ~ Reception - Miss Coughlan</li> <li>• 10:50 Hoopstarz assembly (outside)</li> </ul>	AM Nursery Sports Day 10:45-11:45
	Skipping Festival	<ul style="list-style-type: none"> <li>• A group of Year 2 children – at Gosforth Junior High 9:45-12:15</li> </ul>	Reception Sports Day Afternoon 1:30pm start.
	Football	<ul style="list-style-type: none"> <li>• 9:10-9:40 ~ Nursery AM</li> <li>• 9:40-10:10 ~ Reception – Miss Coughlan</li> <li>• 10:10-10:40 ~ Reception – Miss Walsh</li> <li>• 10:50-11:20 ~ Violet (Year 3 children)</li> <li>• 11:20-11:50~ Indigo</li> <li>• 1:15-1:55 ~ Yellow</li> <li>• 1:55-2:35 ~ Orange</li> <li>• 2:35-3:15 ~ Green</li> </ul>	
Thursday 4 <sup>th</sup> July	Dance Fuse	<ul style="list-style-type: none"> <li>• 9:00-9:30~ Reception Miss Walsh and Miss Coughlan</li> <li>• 9:30-10:00~ Year 1 children (Green class and half of Orange class)</li> <li>• 10:00-10:30~Year 2 children (Yellow class and half of Orange class)</li> </ul> <p>10:45-12:00~ In school transition</p>	PM Nursery Sports Day 2:15-3:15
Friday 5 <sup>th</sup> July	Basketball	<ul style="list-style-type: none"> <li>• 9:10-10:00 ~ Orange</li> <li>• 10:00-10:50 ~ Yellow</li> <li>• 10:50-11:40 ~ Green</li> <li>• 1:15-1:55 ~ Indigo</li> <li>• 1:55-2:35 ~ Violet</li> <li>• 2:35-3:15 ~ Blue</li> </ul>	

For the Sports Day Afternoon the children will be required to wear their School P.E. kit (School P.E. t-shirt, shorts and trainers). Parents and carers are invited to come and spectate.

Please ensure that your child has a water bottle with them throughout the week.

Thank you,

Miss Walsh