



# Gosforth Park First School

[www.gosforthpark.newcastle.sch.uk](http://www.gosforthpark.newcastle.sch.uk)

4<sup>th</sup> November 2016 Issue 8



## Welcome Back!

Welcome back after half term. We hope you had a good break. We are now in the run up to the Festive Season and have busy and exciting term ahead! Look out for key dates in next week's newsletter



*Our school Council members were invited to Daft as a Brush House last night for the big switch on of their Christmas Tree Lights! The children had juice and biscuits and sang around the Christmas tree. Thank you for representing the school!*



## Cracking Conker Creations

*Wow - what a wonderful array of conker creations we have seen so far! It's not too late to complete the conker challenge. Make something interesting with/from conkers and be as imaginative as possible!*

*The deadline has been extended to Monday 7th November. The children will have their photo taken with their 'creation' and this will be displayed with their models.*



## **Fire! Fire!**



Year One are very much looking forward to their trip next Friday. They will be visiting St Mary's Church in Gateshead to find out all about the Great Fire of Gateshead in 1854.





An email has been sent to all parents from Tyne and Wear Fire and Rescue Service reminding and warning local parents and young people of the dangers of fireworks. In assembly this morning the children were reminded how to keep safe around fireworks and sparklers.

We wish you all a fun and safe weekend!

Mrs Lamb

More information can be found at

<http://www.bonfire-night-safety.co.uk/>

Did you know...?

- Fireworks can travel at speeds up to 150mph, the cruising speed of some biplanes
- If three sparklers burn together, they will do so at the same heat of a blowtorch used for joining metal.
- Bonfire night was originally called 'Bone Fire'
- Until 1959 it was illegal *not* to celebrate Bonfire Night in the UK



## Remembrance Day



On Friday 11<sup>th</sup> November the children and staff will be holding a special assembly to commemorate Remembrance Day. The children can wear their poppies. Poppies are still available in school. If you would like your child to purchase one, please send a donation. Thank you



## OPERATION CHRISTMAS CHILD SHOE BOX APPEAL

Thank you so much for the shoe boxes we have received so far. The children have been very excited to tell us what they have packed in their shoe box. Don't forget the deadline to send in the shoeboxes is **Friday 18th November**.

### Visitors to Green Class

KS1 had a lovely day today working with Paddy and Emily from Durham University.

The children placed the great fire of London on an enormous timeline, tried on firefighters hats and used leather buckets to try and put a 'fire' out as fast as they could!

They also enjoyed using quills to do some writing.



Great Fire of London 1666

## On the up!

Our figure for school attendance to date this term is 97.5% - up from 97.3% last year! Well done!!

Mrs Lamb

### Attendance - Classes of the Week!



The attendance cups for this week's best attendance were won by **Blue** and **Green** classes. Well done to everyone!

Mrs Lamb



Mrs Sara received a letter from The People's kitchen last week. Here it is ...

Dear Children

I am writing to thank you for sending all the food that you collected at your Harvest Festival service to The People's Kitchen.

This year we are finding that more people than ever are need of a hot meal and so the gifts that you sent are very important to us.

When you go home, please will you thank your family and everyone who helped you to collect this food. You should be proud that you have been able to help so many needy people.

Yours sincerely

Marilyn Champion



8 tips for a healthy life:

- Base your meals on starchy foods: bread, potatoes, pasta, rice, noodles.
- Eat lots of fruit and veg
- Eat more fish – aim for at least two portions per week and one of these should be oily.
- Cut down on saturated fat and sugar
- Eat less salt
- Get active
- Don't get thirsty
- Don't skip breakfast

Miss Cogdon



Congratulations to Harry and Emily Ivison (Indigo Class) – who have been accepted into the Newcastle Swim Team E2 Squad – fantastic news! Well done!

We also have to congratulate Rebecca Wilds in nursery who has achieved her stage 2 in swimming – well done Rebecca!

