



www.gosforthpark.newcastle.sch.uk

October 1st 2021 Issue 4 Autumn Term 1

Parent Consultations

We are excited to announce that we will be holding our parent consultation meetings from Reception to Year 4 during the week beginning 11th October. **Bookings are to be made via School Cloud by Friday 8th October.**

Please visit

<https://gosforthparkfirst.schoolcloud.co.uk/>

to book your appointment. A guide on how to book is attached to your newsletter email.

Miss Gasper will be arranging Nursery appointments after half term.

Due to the current relaxation in restrictions, we are able to invite you into school to meet your child's class teacher with a few adaptations to keep us all safe.

We understand that over the past year, many of us have adapted to new ways of working so we will also be offering a limited number of telephone appointment times for those of you who might find this preferable.

Telephone appointments will be held on the afternoon of Tuesday 12th October and face to face appointments will be held on the evenings of Tuesday 12th and Thursday 14th October.

To help us stay safe we ask that:

- You remain outside until your appointment time. A member of staff will invite you in at your allocated time (please be on time).
- Staff will remain socially distanced from you in classes
- Do not over run your appointment time as others will be waiting outside
- Children stay at home if possible, if not they can wait in the hall – please drop off/collect your child at the main office door

We are so excited to be able to have you in

PTFA

We are delighted that we are able to hold a PTFA meeting on **Wednesday 13th October from 6:10 – 7:10pm**. All of our parents are welcome to attend this meeting where we will be discussing fundraising opportunities for the Autumn term. It's a great chance to get to know other parents and support school. All money raised by the PTFA is spent on resources and opportunities for the children. In previous years the PTFA have funded our Purple Mash, TTRS and Athletics subscriptions and purchased iPads, APPs, picnic benches, lots and lots of books for school and much more!

Reminder: Phonics and Early Reading Session for Reception Parents

Our new reception parents are invited to school on Thursday 7th October at 9:15am for a Phonics Workshop, in the school hall, which will last around 30 minutes. The workshop will provide an insight into how we teach phonics in school and how you can support your children's reading at home.

Teas and coffees will also be available. If any of our wonderful PTA could help with tea and coffee on the day, please let us know.

Miss Coughlan

Drop off and Collection

Thank you so much for your support at drop off and collection times. Now that we are familiar with new faces, KS1 and KS2 doors will open at 8:55 for all children. KS1 children will leave at 3:25 and KS2 children will leave at 3:30. Please try to keep to the left to ease congestion.

Mrs Lamb



We were thrilled to welcome internationally renowned sound recordist - Chris Watson - to our school. Chris has worked around the world including the North and South pole. He works for the BBC Natural History Unit and has worked with Sir David Attenborough for the 'Life' series including 'The Life of Birds' which won a BAFTA Award for 'Best Factual Sound' in 1996, and as location sound recordist for the BBC series 'Frozen Planet' which also won a BAFTA Award for 'Best Factual Sound' (2012). He shared his expert knowledge on sounds with KS2 who were enthralled! We may have some budding sound recordists in the making!

On Monday 20th September we got a visit from Chris Watson, a sound recordist. He played several sounds for us to listen to including a hedgehog, a seal and more! And some of us got his autograph! My favourite part was the sound of the limpet.

Theo, Blue Class

When Chris Watson came and told all of us about him and what he does, he told us about sound. It was nice of Chris to do that for everyone. He showed us different animal sounds. And some equipment he uses for recording sounds. We also got his autograph.

Layla Blue Class

On Monday Chris Watson came to our school to teach us about sound and he brought some videos of animals that he recorded. In Blue Class we got ourself an autograph by Chris Watson. There was a lion, seal, robin, whale, leopard, bat and hippopotamus sounds.

Evie, Blue Class

Clubs

Following on from our wonderful school council surveying their classes to find out what clubs their class mates would like on offer, children have the chance to join a variety of clubs after half term should they wish to do so. Places are limited but we will try to ensure that every child who wants to be involved can take part in at least one club of his/her choice. If we cannot allocate every child a club this time, they will be placed on a waiting list and will have a turn in the following Spring half term. To help us allocate places please help your child to complete the form below by Friday 8th October. All children will be notified as to which club they have been allocated and will be informed of their club start date. Please wait for confirmation.

<https://forms.office.com/r/NN379MbNVR>

KS2 Coding



Yesterday morning on the ICT suite we met Mr Hughes. He told us all about coding. We went onto BBC codes microbit and we got a set of things that we needed in it. On BBC codes microbit we learnt how to make the LEDs on the front of the microbit light up. On the front of the LEDs you could put your first and your partner's first letter of their name and put an emoji on the LEDs. After that Mr Hughes told us how to connect wires to the light. We picked a coloured LED light and attached it with wires. Some LEDs lit up but some didn't light up. But if they did you could get a decoration from the front and light the decoration up.

Sophie, Violet Class

Theatre Visit

Behind the scenes we are already starting to plan for the festive season!

We are delighted that our booking from before COVID has been carried over and that we will be taking all of our children from Reception to Year 4 to see *Beauty and the Beast* at The Exchange in North Shields on the morning of Thursday 9th December. We have the whole downstairs of the theatre booked out and children will be seated in their Key Stages. We will be looking for volunteers to help out on the day – if you are available please let us know.

The cost for the visit is £11.50 per child and this includes the theatre ticket and transport. Children will return to school shortly after 12:00 for lunch.

Please contribute and give consent via Parent Pay. We will send further reminders over the next few weeks.

Thanks

Mrs Lamb



Harvest Assemblies

This week in assembly I talked to the children about Harvest Festival, what it means and why we celebrate. The children all talked about helping others less fortunate than ourselves. This year we would once again like to support The People's Kitchen and we would welcome contributions of tins of food and non-perishable items. Items can be handed over on the doors at the beginning /end of the school day or left at the school office from Monday. Donations will be collected by The People's Kitchen on the morning of Tuesday 12th October.

Thanks

Mrs Lamb

Main Meals	All tinned meat – stewing steak, mince & onions, corned beef, tinned beef, meat balls, PEK pork, ham, burgers, Irish stew, chicken curry, minced beef chilli, Bolognese
Cooking Ingredients	Stock cubes especially vegetarian, sugar, flour, dried rice, ground white pepper, cooking oil, dumpling mix, sage & onion stuffing, brown sauce, Chinese, Thai, Mexican, Indian and cream cooking sauces, mixed spice, desiccated coconut, cooking chocolate, beef, chicken and onion gravy granules
Drinks	Dilute orange, coffee, instant drinking chocolate, tea, individual cans of pop or bottles/cartons of juice
Puddings	Tinned or instant custard, tinned rice, peaches, fruit cocktail, apricots, mandarin oranges, pears, pineapple, jams & golden syrup, honey, large tins of evaporated milk, long life milk
Tinned Veg.	Mixed veg, garden peas, processed peas, potatoes
Soup	Lentil, lentil and bacon, vegetable, mushroom (condensed), leek & potato, Scotch broth
Toiletries	Deodorants, shower gel, shampoo, shaving cream/gel, men's & ladies' razors, toothpaste, tooth brushes, soap (bars and liquid), toilet rolls
Clothing	New tracksuit bottoms, t/shirts, boxer shorts, jumpers, waterproof jackets, jeans small, medium, large, sleeping bags
Household	Blue J cloths, red J cloths, green J cloths, large pan scrubs, large freezer bags, washing powder/tablets (preferably non scented), kitchen rolls, washing up liquid, toilet rolls, small boxes washing powder and laundry liquid
Take-away bags	Small bags of crisps, small chocolate bars, individual biscuits e.g. kit kat, sweets, individual packs of cereal bars

PRE-LOVED UNIFORM

If anyone has any pre-loved cardigans that they can donate, size 7/8, we would be very grateful. These can be dropped off at Kate's or at school.

PRE-LOVED ITEMS ON SALE	PRICE
OFFICIAL SCHOOL JUMPERS	£2.50
OFFICIAL SCHOOL CARIGANS	£2.50
OFFICIAL SCHOOL POLOS	£1.50
GIRLS CHECKED DRESSES	£1.50
GREY PINAFORES	£1.50
GREY SKIRTS	£0.50
GREY GIRLS SOFT TROUSERS	£0.50
SCHOOL BAG (NEW STYLE)	£2.50
SCHOOL BAG (OLD STYLE)	£1.50
OFFICIAL PE T-SHIRT/SHORTS	£0.50

Items can be dropped off at any time in bags to the door of 6 Burnside road NE3 2DU – No need to knock. Text **Kate on 07947846974** to arrange a collection.

When dropping off pre-loved clothes, please make sure that they have been washed.

Huge thanks to Mrs Watkins for providing this service.



Healthy School

Today sees the start of the Stoptober Public Health Campaign aimed at supporting people to stop smoking. In 2019 the proportion of current smokers in the UK was 14.1% and the NHS promotes stopping smoking as one of the best things you'll ever do for your health. Subsequent improvements in health not only impact the individual but a healthier parent, for example, will also then have a positive impact on the rest of the family. The NHS have a free quit smoking app where you can track your progress, see how much money you are saving and provides daily support. Find out about the app and many more resources on the better health website under the Stoptober or Quit Smoking link.

<https://www.nhs.uk/better-health/>

Mrs Wells



Green class have been working hard on Mathletics and are our Mathletes of the week – well done!

Sahib Singh Dhaliwal, Magnus Goulty and Zach Miladinova are our three top point scorers, brilliant work!



Amazing work on your times tables this week Hania Pervez, Aleks Cala and Sahib Singh Dhaliwal!



Oxford Reading Buddy

Our Oxford Reading Buddy Champions this week are Aidan Robson Grice in KS1 and Archie Barratt in KS2.

Well done – amazing engagement across school this week!

Rainbow Wraparound

We still have some spaces available for October half term. If you would like a place, please contact Mrs Carrick at

wraparound@gosforthpark.newcastle.sch.uk

Updated COVID Guidance

When to self-isolate

Self-isolate straight away and get a [PCR test \(a test that is sent to the lab\) on GOV.UK](#) as soon as possible if you have any of these 3 symptoms of COVID-19, even if they are mild:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You should also self-isolate straight away if:

- you've tested positive for COVID-19 – this means you have the virus
- someone you live with has symptoms or tested positive (unless you are not required to self-isolate – check below if this applies to you)
- you've been told to self-isolate following contact with someone who tested positive – [find out what to do if you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app](#)

Information:

You may need to quarantine when you arrive in England from abroad. [Check the quarantine rules when entering England on GOV.UK](#)

When you do not need to self-isolate

If someone you live with has symptoms of COVID-19, or has tested positive for COVID-19, you will not need to self-isolate if any of the following apply:

- you're fully vaccinated – this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- you're under 18 years, 6 months old
- you're taking part or have taken part in a COVID-19 vaccine trial
- you're not able to get vaccinated for medical reasons

Even if you do not have symptoms, you should still:

- get a [PCR test on GOV.UK](#) to check if you have COVID-19
- follow advice on [how to avoid catching and spreading COVID-19](#)
- consider limiting contact with [people who are at higher risk from COVID-19](#)

Tell people you've been in close contact with that you have symptoms

Tell people you've been in close contact with in the past 48 hours that you might have COVID-19.

You should tell them to follow advice on [how to avoid catching and spreading COVID-19](#).

They do not need to self-isolate unless they're contacted by the NHS Test and Trace service.

If they get any symptoms of COVID-19, they should self-isolate and get a test as soon as possible.

How to self-isolate

You must not leave your home if you're self-isolating.

- do not go to work, school or public places – work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home
- do not have visitors in your home, including friends and family – except for people providing essential care
- do not go out to exercise – exercise at home or in your garden, if you have one
-

How long to self-isolate

If you test positive, your self-isolation period includes the day your symptoms started (or the day you had the test, if you did not have symptoms) and the next 10 full days.

You may need to self-isolate for longer if you get symptoms while self-isolating or your symptoms do not go away.



www.**StarStrike Soccer**.co.uk

OCTOBER SOCCER CAMP 2021

**MON 25TH OCT -
FRI 29TH (5 DAYS)**

**Venue: Blue Flames
Sports Club NE12
9SF 9.15 -
3.30. Ages 4 to
12. Girls and boys
welcome.**

**£15.00 per day.
Special discounts
available.**



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NO BOOKING
NEEDED.**

**Contact Graeme Doyle
for
details: 07887766460.**



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info@newcastlehandball.co.uk



Lee Sterry
sports
coaching

OCTOBER HALF TERM

For boys and girls from 4 -14 years old.

All activities Outdoors

Gosforth Academy (Football only) - 5 DAY COURSE

25th – 29th October

Cochrane Park - Multi sports (mixture of all sports each day including Mini tennis, kwik cricket ,Hockey, Dodgeball ,football, crazy golf and lots more)
25th 26th 28th 29th October – 4 day course (please note not running on the 27th October) Limited spaces, booking available now

All bookings to be made online www.ls-sc.co.uk payment through PayPal

Any information needed email us on coaching@ls-sc.co.uk or mob 07729058119