



[www.gosforthpark.newcastle.sch.uk](http://www.gosforthpark.newcastle.sch.uk)

September 27<sup>th</sup> 2021 Issue 3 Autumn Term 1



## Outdoor Adventures!

The children in KS1 and KS2 have had a great time with Mr H this week! KS1 children explored the school grounds making 3D maps, sound maps, orienteering and map reading. KS2 ventured around our local area, map reading and using coordinates.

We are delighted that Mr H will be running another after school club after half term. He has a waiting list of names from those of you who couldn't get a place this time.

The cost is £18 in total for the 4-week club. Please book early to avoid disappointment as spaces are limited and are on a first come, first served basis. Please send your child's details (name, parent contact number, DOB, allergies) to [mrhoutdoorexperiences@yahoo.com](mailto:mrhoutdoorexperiences@yahoo.com) quote 'KS1 after school club' or 'KS2 after school club' and Mr H will send you a contact form to complete and bank details to make a payment.

## Drop off and Collection

Thank you so much for your support at drop off and collection times. Now that we are familiar with new faces, KS1 and KS2 doors will open at 8:55 for all children. KS1 children will leave at 3:25 and KS2 children will leave at 3:30.

Mrs Lamb

## Rainbow Wraparound

We still have some spaces available for October half term. If you would like a place, please contact Mrs Carrick at [wraparound@gosforthpark.newcastle.sch.uk](mailto:wraparound@gosforthpark.newcastle.sch.uk)

## Phonics and Early Reading Session for Reception Parents

We would like to invite our new reception parents in to school on Thursday 7th October at 9:15am for a Phonics Workshop which will last around 30 minutes. The workshop will provide an insight into how we teach phonics in school and how you can support your children's reading at home.

Teas and coffees will also be available. If any of our wonderful PTA could help with teas and coffee on the day, please let us know. Miss Coughlan

## Thank you!

Huge thanks to Mrs Greenhill who applied to Asda on behalf of school and the PTA for a grant towards our outdoor area and play equipment. We had a visit from Michelle from Asda on Monday who presented us with a cheque for £500!





## Welly to Belly

We had a fantastic day at the Grainger Market this week selling our school produce. It was wonderful to see so many parents and grandparents come to support us on the day. The children did a great job as market traders and we raised £115 for Fareshare North East. Well done to all of the current year 3 children, we have loved being involved in this project from welly to belly!

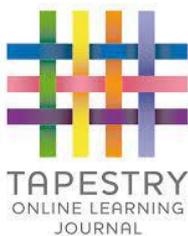
Mrs Lambert





## Healthy School

Next week is the Sustrans bike to school week 2021. Created with the support of the Bikeability Trust, it celebrates the benefits an active school run can bring. Coming to school regularly under their own steam is a perfect way to prepare our children to keep themselves safe in the future. Cycling and scooting to school (under the guidance of an adult) enables them to develop road safety skills and learn how to manage risk safely and gradually, preparing them for when they want to go it alone as they move on to middle school. Likewise, walking can enable children to develop a wider spatial awareness and improve their road sense with a sensible adult to guide them along the way. And of course there is always a positive impact on our children's health and well-being and reducing pollution in the environment. You even have the chance to win a frog bike – further information and a link to download a free family guide are on the poster below.



## Tapestry

Please could parents of children that were in Reception last year ensure they have downloaded their child's journal from Tapestry. Details of how to do this are in your child's learning journal, but if you need further help please speak to Miss Coughlan or Miss Gasper. Thank you!

## Healthy Active Lifestyle Event

On Tuesday afternoon the Newcastle PE and Sport Service will be coming into school to deliver a 'Healthy Active Lifestyle' event. Key Stage 1 children will be taking part in a range of multi-skills games and activities.

**Green class, Orange class and Yellow class:** Please could you send your child to school that day wearing sports clothes and ensure that they have a water bottle.

Thank you,  
Miss Walsh

## Science of Sound KS2

We are very excited to be welcoming a special visitor, Chris Watson, into school on Monday morning to talk to our KS2 pupils who are learning about Sound in their Science work this term. Chris records the wildlife sounds of animals and habitats from around the world.

His television work includes many programmes in the David Attenborough 'Life' series including 'The Life of Birds' which won a BAFTA Award for 'Best Factual Sound' in 1996, and as the location sound recordist for the BBC series 'Frozen Planet' which also won a BAFTA Award for 'Best Factual Sound' (2012).

## Birthday Treats

We've had a few queries about this as we are returning to a new normal. We are happy for children to give out birthday treats in class as long as they are

- Nut free and vegetarian friendly
- In individually wrapped bags
- Are taken home to be enjoyed so parents can check ingredients before children eat them.

Thanks

Mrs Lamb

## Parking

One of the downsides to the relaxation of COVID rules and having people return to the office is the volume of traffic back on the roads. For the safety of our children and on behalf of our neighbours in the surrounding streets (who have already been in touch)

Please, please, please

- Park considerately
- Do not block driveways
- Leave disabled bays free for disabled users (and remember not all disabilities are visible)
- Turn off engines
- Walk/cycle/scoot if possible
- Be courteous to other drivers
- Do not block access on the bridle path – this needs to be clear for emergency vehicle access.

## PRE-LOVED UNIFORM

If anyone has any pre-loved cardigans that they can donate, size 7/8, we would be very grateful. These can be dropped off at Kate's or at school.

PRE-LOVED ITEMS ON SALE	PRICE
OFFICIAL SCHOOL JUMPERS	£2.50
OFFICIAL SCHOOL CARIGANS	£2.50
OFFICIAL SCHOOL POLOS	£1.50
GIRLS CHECKED DRESSES	£1.50
GREY PINAFORES	£1.50
GREY SKIRTS	£0.50
GREY GIRLS SOFT TROUSERS	£0.50
SCHOOL BAG (NEW STYLE)	£2.50
SCHOOL BAG (OLD STYLE)	£1.50
OFFICIAL PE T-SHIRT/SHORTS	£0.50

Items can be dropped off at any time in bags to the door of 6 Burnside road NE3 2DU – No need to knock. Text **Kate on 07947846974** to arrange a collection.

When dropping off pre-loved clothes, please make sure that they have been washed.

Huge thanks to Mrs Watkins for providing this service.



Wow, what an amazing start from Yellow class this year, you are our Mathletes of the Week! Fantastic efforts from all of you! Zach Miladinov, Sahib Singh Dhaliwal and Elisaveta Miladinova are our three top point scorers, well done to you all, excellent work!

It's fantastic to see some children already improving their Studio Speeds in TTRS this year – Hania Pervez, Aleks Cala and Sahib Singh Dhaliwal – how amazing to see you all working so hard at your times tables!



Our Oxford Reading Buddy Champions this week are Eve Wotherspoon in KS1 and Jacob Mancini in KS2

Well done to everyone in school - our average is looking really good for the start of the year and loads of children read over the holidays too! Here's a ringing endorsement from one of our parents!

*ORB is such an engaging way to encourage your little one to read. It also assists with the comprehension skills by having a short quiz at the end that is enough to capture the understanding but not too long to lose concentration. ORB logs your reading and quiz results and badges are awarded accordingly, whilst enhancing their technology skills. We use this most evenings, with many quizzes on the platform usually the book sent home from school has a related quiz that can be completed. ORB has been an enabler to help our son start enjoying reading.*

Thank you Mrs Mancini -we agree! Oxford Reading Buddy is a fantastic platform with access to literally hundreds of books and is proven to improve children's reading and comprehension skills. Any problems with logs ins just let me know. Happy Reading!  
Mrs Lambert

## Free School Meals

Dear Parents

During the summer holidays the School Admissions Team has tested and launched the Free School Meal module on the Citizen's Portal for parents.

[https://www.newcastlelea.org/CitizenPortal\\_LIVE/en](https://www.newcastlelea.org/CitizenPortal_LIVE/en)

This new way of applying for Free School Meals has advantages for parents, schools and the local authority.

- Parents find out the result of their Free School Meal application instantly
- If a parent has applied on the portal and they become eligible later, the portal will tell parents that they have become eligible
- Schools will find out the result of a parent's application sooner than if a parent applies via a paper form
- During busy times of the year, such as the lead up to School Census, Free School Meal information will be more up to date
- Applicant information only needs input once and younger children can be added to a parents claim as they reach school age (or pre-school for maintained nurseries)
- Parents of children who are new to the city can apply for FSM in the same place they are applying for a school
- The portal fully complies with GDPR requirements and parents can choose to remove their consent via the portal. They are aware of the information we hold and how it is used.

Since the beginning of August we have processed over 600 applications through the citizen portal; very few parents have had any problems with the system and feedback has been good. The admissions team usually receives 5000 FSM applications each year. A high number of FSM forms the team receives are duplicate forms and as applications for in-year admissions and free school travel are increasing so it is important we utilise this system so to process all applications we receive in a timely manner.

We have attached some guidance notes for parents who want to apply though the online portal.

So long as a student remains in a Newcastle school, the parent of that child only needs to apply for Free School Meals once during their Newcastle education.

We will continue to provide a paper form for parents to complete, but if they, or schools on their behalf, complete duplicate forms they will not receive a response as they have already given the local authority permission to check their free school meal status on an ongoing basis.

We understand not all parents will be able to use the portal, however, of the transfer applications made last year 80% were made on the portal, similarly 75% of reception applications were made online. The application for Free School Meals requires fewer steps for parents than online school applications and it is much easier to manage, add children, check their status etc.

Newcastle Admissions Team

# Updated COVID Guidance

## When to self-isolate

Self-isolate straight away and get a [PCR test \(a test that is sent to the lab\) on GOV.UK](#) as soon as possible if you have any of these 3 symptoms of COVID-19, even if they are mild:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You should also self-isolate straight away if:

- you've tested positive for COVID-19 – this means you have the virus
- someone you live with has symptoms or tested positive (unless you are not required to self-isolate – check below if this applies to you)
- you've been told to self-isolate following contact with someone who tested positive – [find out what to do if you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app](#)

Information:

You may need to quarantine when you arrive in England from abroad. [Check the quarantine rules when entering England on GOV.UK](#)

## When you do not need to self-isolate

If someone you live with has symptoms of COVID-19, or has tested positive for COVID-19, you will not need to self-isolate if any of the following apply:

- you're fully vaccinated – this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- you're under 18 years, 6 months old
- you're taking part or have taken part in a COVID-19 vaccine trial
- you're not able to get vaccinated for medical reasons

Even if you do not have symptoms, you should still:

- get a [PCR test on GOV.UK](#) to check if you have COVID-19
- follow advice on [how to avoid catching and spreading COVID-19](#)
- consider limiting contact with [people who are at higher risk from COVID-19](#)

## Tell people you've been in close contact with that you have symptoms

Tell people you've been in close contact with in the past 48 hours that you might have COVID-19.

You should tell them to follow advice on [how to avoid catching and spreading COVID-19](#).

They do not need to self-isolate unless they're contacted by the NHS Test and Trace service.

If they get any symptoms of COVID-19, they should self-isolate and get a test as soon as possible.

## How to self-isolate

You must not leave your home if you're self-isolating.

- do not go to work, school or public places – work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home
- do not have visitors in your home, including friends and family – except for people providing essential care
- do not go out to exercise – exercise at home or in your garden, if you have one
- 

## How long to self-isolate

If you test positive, your self-isolation period includes the day your symptoms started (or the day you had the test, if you did not have symptoms) and the next 10 full days.

You may need to self-isolate for longer if you get symptoms while self-isolating or your symptoms do not go away.



# Bike to School Week 2021

27 September – 1 October

- ✓ **Be active** and feel more energised
- ✓ **Help the environment** by replacing a car journey
- ✓ **Improve local air quality** and reduce congestion



Let us know your family is  
**cycling or scooting to school** to be  
in with the chance of **winning a Frog bike**

Go to [www.sustrans.org.uk/biketoschoolweek/pledge](http://www.sustrans.org.uk/biketoschoolweek/pledge)

## Free family guide

Whether your children are seasoned pros at cycling, walking, wheeling or scooting to school, or you're just getting started, our **free download** is packed with top tips, brilliant ideas, and fun activities for an active school run.



Download your **free family guide** today at:  
[www.sustrans.org.uk/free-active-family-download](http://www.sustrans.org.uk/free-active-family-download)



#BikeToSchoolWeek



*Fast! Exciting! Action-Packed! Fun!*

# HANDBALL



*Get Active! Be Social! Meet New Friends!*  
*Sports sessions for Boys and Girls aged 3-15*

## Join the VIKINGS!

Juniors (7-15)  
and Mini-Vikings (3-6)  
in Newcastle Wednesday evenings

Juniors Satellite Club (7-18)  
also in Sunderland Monday evenings

Training sessions  
Mondays and Wednesdays  
– contact us now to  
pre-book a taster session!



**FREE**  
Taster  
sessions!

[www.newcastlehandball.co.uk](http://www.newcastlehandball.co.uk)



[info@newcastlehandball.co.uk](mailto:info@newcastlehandball.co.uk)





**Lee Sterry**  
**sports**  
**coaching**

**OCTOBER HALF TERM**

For boys and girls from 4 -14 years old.

All activities Outdoors

Gosforth Academy (Football only) - 5 DAY COURSE

25<sup>th</sup> – 29<sup>th</sup> October

Cochrane Park - Multi sports (mixture of all sports each day including Mini tennis, kwik cricket ,Hockey, Dodgeball ,football, crazy golf and lots more )

25<sup>th</sup> 26<sup>th</sup> 28<sup>th</sup> 29<sup>th</sup> October – 4 day course (please note not running on the 27<sup>th</sup> October ) Limited spaces, booking available now

All bookings to be made online [www.ls-sc.co.uk](http://www.ls-sc.co.uk) payment through PayPal

Any information needed email us on [coaching@ls-sc.co.uk](mailto:coaching@ls-sc.co.uk) or mob 07729058119